

Anam Akmal , MD

Dr. Gerald J. and Dorothy R. Friedman Fellow in Diabetes & Metabolism
2013 - 2015

Education

Dr. Akmal's initial training was at the Aga Khan University which included elective training at UCLA Medical Center during her final year as a medical student. She was consistently rated as excellent to outstanding and was involved in a research project examining the prevalence of obesity in school children in Karachi. Her training in Internal Medicine was at St. Elizabeth's Medical Center in Boston where she was described as an outstanding resident and exceptional physician. While at St. Elizabeth's, she worked on a research project focused on the effect of bariatric surgery on obstructive sleep apnea associated with obesity. This work was presented and published online in the American Journal of Respiratory and Critical Medicine.

As an Endocrinology Fellow, she has demonstrated herself to be a capable physician in her command of medicine and practice of clinical endocrinology. In addition to her clinical work, Dr. Akmal prepared a review article on the hepatotoxic effects of thionamides, which was published in *Expert Opinion on Drug Safety* this year. She has also participated in teaching medicine residents, interns and students rotating through endocrinology program, and has been described as an excellent teacher.

Dr Akmal continues to demonstrate excellent clinical skills and patient care in endocrinology. On completion of her Fellowship program, she plans to practice clinical endocrinology on the West Coast.

Bibliography

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2. Akmal A, Kung J, Propylthiouracil, and methimazole and carbimazole-related hepatotoxicity, *Expert Opin Drug Saf*, October 2014, Vol. 12, No 10, Pages 1397-1406 (doi:10.1517/14740338.2014.953796)