

Emily M. Kuross
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Education

2005 B.A. in Biology, *magna cum laude* Carleton College, Northfield, MN
2008 M.S. in Nutrition Communication The Friedman School of Nutrition Science and Policy

Academic Honors and Awards

Phi Beta Kappa, Carleton Distinguished Scholar, National Merit Scholar

Experience

2010 Teaching Assistant, The Friedman School
Course: Theories of Behavior Change and
Their Application in Health Interventions
2009 Teaching Assistant, The Friedman School
Course: Communication Strategies in Health
Promotion
2008 Guest Lecturer on adolescent nutrition, The
Mountain School, Vershire, VT
2006-2008 Health and Fitness Program Senior
Educator, The Boston Children's Museum
2005 Teaching Assistant, Carleton College
Courses: Introductory Biology, Introductory
French

Grants and Fellowships

Friedman Fellow, 2008-present
Tufts University Provost's Fellow, 2008-present
FAO Schwarz Family Foundation Children's Fellow 2006-2008

Publications

Kuross E. Kidpower. *Healthy Kids, Healthy Museums..* The Association of Children's Museums. 2010

Kuross E, Folta S. Involving Cultural Institutions in the Prevention of Childhood Obesity: The Boston Children's Museum's GoKids In Boston Neighborhoods Project. *The Journal of Nutrition Education and Behavior. In Press.*

Boulos R, Chang H, Kuross E, Oppenheimer S, Kanarek R. ObesiTV: How television is influencing the obesity epidemic. *Psychology and Behavior*. *In Press*.

Presentations

Involving Cultural Institutions in the Prevention of Childhood Obesity:
The Boston Children's Museum's GoKids In Boston Neighborhoods Project. Poster
Presented at The Future of Food and Nutrition Graduate Student Research Conference.

Non-print Publications

Five and Spice: Fitting real food into real life. Blog online at
<http://fiveandspice.wordpress.com>

A series of articles on the ecological research at Cedar Creek Natural History Area, MN.
Online at <http://cedarcreek.umn.edu/about/news.html>

Projects

Assisting with the grant Assessing and Preventing Obesity in New Immigrants In
Somerville, a community based participatory research project led by Dr. Christina
Economos. *Present*

Collaboratively designed and implemented the GoKids In Boston Neighborhoods Project,
an interactive educational program on nutrition and physical activity for families in 4
public housing developments in Boston. *2007-2008*

Designed and taught a museum-based curriculum on energy balance at the Boston
Children's Museum. *2006-2008*

Trained Boston Head Start teachers and Kindergarten teachers in incorporating nutrition
and physical activity into their classrooms. *2007-2008*

Contributed to the design of Food Power, an after school nutrition curriculum, offered by
Boston Children's Museum. *2006-2007*

Created educational materials for parents on childhood nutrition, physical activity, and
asthma, distributed at Boston Children's Museum. *2006-2008*

Collaborated on the implementation of the "Kid's With Asthma Can..." asthma
management campaign with WGBH, the Boston Public Health Commission, Children's
Hospital Boston, and the Boston Public Library. *2006-2007*

Other Activities

Chair of the Friedman Student Council, 2008-2009

Languages

French, proficient
Norwegian, fluent