

**Esther Y. Lee , MD**  
Dr. Gerald J. and Dorothy R. Friedman Fellow in Diabetes & Metabolism  
2010 - 2012

## **Education**

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Dr. Lee did her undergraduate training at the University of Virginia after which she spent 1 year at the NIH. There she participated in a research program studying the chromosomal-regulating protein complexes, cohesion and condensin. She continued her studies at the Medical College of Virginia of Virginia Commonwealth University in Richmond, VA, during which time she served as the treasurer for the American Medical Association Chapter at the medical school. Even at this time of her training, she was recognized in the Dean's summary letter as having strong, positive personal characteristics, a solid performer, a dependable and goal directed young professional, and to exhibit a pleasant and true feeling of genuine warmth. Her Internal Medicine training was at Thomas Jefferson University Hospital in Philadelphia, where she also excelled. In her letters of reference to our training program, she is described as "a terrific and stupendous individual" with "an excellent ability to engage people in all walks of life and to develop a rapport with her patients in a candid and responsible way". She was also described as having a vast fund of knowledge, to be passionate about her work, and to have impeccable and flawless clinical skills. Her Program Director described her as being the type of resident that makes being a Program Director a great joy, a clinical leader, professional colleague and sound provider of outstanding patient care.

## **Former and Current Position(s) and Academic Interests**

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Dr. Lee satisfactorily completed her Fellowship in June 2012, and was rated by the faculty in the superior range in all categories. She is a diligent and hard-working physician, and clearly gained confidence in herself as an endocrinology subspecialist. Patient surveys of her care as an endocrinology subspecialist were outstanding, with an average score of 4.58 out of 5.0.

Dr. Lee attended the annual meetings of The Endocrine Society association in June of 2012, 2013, and 2014. She also attended the annual meeting of the New England Thyroid club in April 2012 and in March 2013, and participated in the 5<sup>th</sup> annual meeting of New England Chapter of American Association of Clinical Endocrinologists in November 2013 and the 74<sup>th</sup> Scientific Sessions American Diabetes Association in June 2014. In September 2014, she became a Certified Clinical Densitometrist. Her research was focused on characterization of ApoA-1 mutations and HDL deficiency, and she published "HDL deficiency due to a new insertion mutation (ApoA-1<sub>Nashua</sub>) and review of the literature" in the *Journal of Clinical Lipidology* in 2013.

Following her Fellowship, Dr. Lee was employed as the sole endocrinologist at Beth Israel Deaconess Hospital in Plymouth, Massachusetts, and has continued her role as an educator by giving several Grand Rounds on the topics of diabetic ketoacidosis and medical therapies for diabetes mellitus to the medical staff at Beth Israel Deaconess Hospital-Plymouth. In January, 2015, she will be moving to New Jersey where she will join an endocrinology group practice in Morristown, the Summitt Medical Group, and will admit to Morristown Medical Center.

## Bibliography

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1. **Lee E**, Velasco G, Furlong K. Diabetic Ketoacidosis in patients with End-stage renal disease, Abstract to the *American Association of Clinical Endocrinologists*, 2009.
2. **Lee E**, Savarese V, Jabbour S. Postprandial Hypoglycemia as the Main Clinical Feature of an Insulinoma, Abstract to the *Endocrine Society*, 2009.
3. **Lee E**, Klementowicz P, Hegele R, Asztalos B, Schaefer E. HDL Deficiency due to a New Insertion Mutation (ApoA-1 Nashua) and Review of the Literature, *Journal of Clinical Lipidology*, 2012.