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# Grishma Parikh, MD

## Education

*Sept 2010– present      Mount Sinai School of Medicine      New York, NY*

### **Instructor in Endocrinology, Diabetes and Bone Disease**

Currently as a faculty in a role of clinical instructor in the Department of Medicine, in the Division of Endocrinology, Diabetes and Bone Disease, Mount Sinai School of Medicine.

*July 2008– June 2010      Beth Israel Medical Center      New York, NY*

### **Fellowship training in Endocrinology and Metabolism**

Currently pursuing clinical fellowship training in division of endocrinology and metabolism at Beth Israel Medical Center, Albert Einstein College of Medicine.

*Sept 2006 – June 2008      Beth Israel Medical Center      New York, NY*

### **Research Fellowship in Endocrinology and Metabolism**

Completed two year research fellowship in basic science endocrine laboratory. Primary focus of the study was to understand the effect of 1, 25-Dihydroxy Vitamin D<sub>3</sub> on steroid hormone production in cultured human ovarian cells.

*July 2001– June 2004      Mount Sinai School of Medicine      Jamaica, NY*

### **Residency training in Internal Medicine**

Completed residency training at Mount Sinai School of Medicine. Program was conducted at Queens Hospital Center Jamaica, New York.

*Aug. 1993 – Jan 1999      B.J. Medical College      Ahmedabad, India*

### **Bachelor of Medicine and Bachelor of Surgery (M.B.B.S)**

Completed four and half years of Medical School training and one year of internship rotation. Graduated on November 30<sup>th</sup> 1999.

**Medical Research**

*July 2008 - Present*     *Friedman Diabetes Institute*     *New York, NY*  
**Queens / South Asian Action for Diabetes Education Program and Treatment (ADEPT)**  
 Evaluated the effect of culturally competent diabetes education program in patients of South Asian origin.

*June 2000 - May 2001*     *Mount Sinai School of Medicine*     *Research Assistant*  
**Effect of Hypnosis on Breast Cancer Surgery Patients**  
 Studied the impact of pre-operative hypnosis on patients undergoing lumpectomy for breast cancer and determined if it made positive effects on pain, nausea and whether it enhanced patient recovery.

**Work Experience**

*Nov 2004 – Dec 2006*     *Hackensack University Medical Center Hackensack, NJ*  
**ER Hospitalist**  
 Worked as a team member of ER Physicians and managed admitted patients. Responsibilities included admissions, observation for acute coronary syndrome, asthma, and CHF.

*Aug 2004 – Nov 2004*     *Mount Sinai School of Medicine*     *Jamaica, NY*  
**Assistant Attending**  
 Responsibilities involved working in clinics of department of endocrinology, including diabetes and general endocrine clinic.

**Licensure Information**

ECFMG	<i>May 2000</i>
New York State Medical License	<i>June 2004</i>
New Jersey Medical License	<i>July 2004</i>
Diplomate in Internal Medicine	<i>August 2004</i>

**Memberships**

American College of Physicians (ACP)	<i>Since 2002</i>
American Medical Association (AMA)	<i>Since 2002</i>
Endocrine Society	<i>Since 2003</i>
American Association of Clinical Endocrinologists (AACE)	<i>Since 2007</i>

**Languages**

English, Gujarati and Hindi

**Interests**

Reading, Cooking and Traveling

**Bibliography**

**Parikh G, Busta A** 2010 Interesting case of Multiple Endocrine Neoplasia (MEN) 2A with Marfanoid Habitus and Multiple Autoimmune Disorders. *American Association of Clinical Endocrinologists 19<sup>th</sup> Annual Meeting and Clinical Congress, Boston, Abstract 708*

**Parikh G**, Mantha-Thaler K, Ayinikal A, Pandya S, Joshi P, Homel P, Poretsky L 2010 Action for Diabetes Education Program for South Asian Patients with Diabetes. *American Diabetes Association's 70<sup>th</sup> Scientific Sessions meeting, Orlando Abstract 1032*

Mendoza MA, Welbeck M, **Parikh G** 2010 Behavioral and Educational Approaches to Diabetes Self-Management. In: "*Principles of Diabetes Mellitus*", L. Poretsky, Ed. Springer, New York

**Parikh G**, Patel R, Fleckman A 2009 Technetium Scan for the Diagnosis of Graves' Disease Following Intravenous Iodine Contrast. *The Endocrine Society's 91<sup>st</sup> Annual Meeting, Washington DC Abstract P1-535*

Strizhevsky M, **Parikh G**, Soto-Barreto D, Iuga A, Busta A 2009 Nesidioblastosis After Gastric Bypass Surgery in a Patient With Panhypopituitarism. *The Endocrine Society's 91<sup>st</sup> Annual Meeting, Washington DC Abstract P1-140*

**Parikh G**, Chlamtac N, Rosenwaks Z, Poretsky L, Seto-Young D 2008 Vitamin D Receptor (VDR) is Expressed in Human Ovarian Cells, Likely Mediating the Effects of Vitamin D on Testosterone (T) and Progesterone (P) Production. *The Endocrine Society's 90<sup>th</sup> Annual Meeting, San Francisco Abstract P2-468*

Patel P, **Parikh G**, Fleckman A 2008 Hypoglycemia as the Presentation of Adrenal Insufficiency Secondary to Epidural Steroids in a Patient with Diabetes Mellitus. *The Endocrine Society's 90<sup>th</sup> Annual Meeting, San Francisco Abstract P3-299*

Patel P, **Parikh G**, Fleckman A 2008 A Unique Clinical Presentation of a Woman with Kallmann Syndrome and the Phenotype of Turner Syndrome. *The Endocrine Society's 90<sup>th</sup> Annual Meeting, San Francisco Abstract P3-804*

Avtanski D, **Parikh G**, Strizhevsky M, Feng Y, Pareek A, Singh J, Singh N, Polskaya M, Rosenwaks Z, Seto-Young D, Poretsky L 2007 Thiazolidinediones Inhibit Estrogen Synthesis by Interfering with Androgen Binding to Aromatase. *The Endocrine Society's 90<sup>th</sup> Annual Meeting, San Francisco Abstract P2-44*

Seto-Young D, Avtanski D, Strizhevsky M, **Parikh G**, Patel P, Kaplun J, Holcomb K, Rosenwaks Z, Poretsky L 2007 Interactions among Peroxisome Proliferator Activated Receptor- $\gamma$ , Insulin Signaling Pathways and Steroidogenic Acute Regulatory Protein in Human Ovarian Cells. *J Clin Endocrinol Metab* 92(6):2232-9

Avtanski D, Strizhevsky M, **Parikh G**, Araki T, Rosen O, Demetri C, Goldman M, Cadag S, Rosenwaks Z, Poretsky L, Seto-Young D 2007 The Effects of Thiazolidinediones on Estrogen Production in Human Granulosa Cells. *The Endocrine Society's 89<sup>th</sup> Annual Meeting, Toronto, Canada, Abstract P1-317*

Shahnaz S, **Parikh G**, and Opran A 2004 Antiphospholipid Antibody Syndrome Manifesting as a Deep Venous Thrombosis and Pulmonary Embolism in a Patient with HIV (case report). *Am J Med Sci* 327(4):231-2

Shahnaz S, **Parikh G**, and Opran A 2004 Antiphospholipid Antibody Syndrome Presenting as Deep Venous Thrombosis and Pulmonary Embolism in a Patient with Human Immunodeficiency Virus-A case report and review of literature. *Mt Sinai J. of Medicine* 71(3):211

**Parikh G**, Sapadin A, Reich D, Sachmechi I 2004 Rare Presentation of Multiple autoimmune disorders in Graves' Disease. *American Association of Clinical Endocrinologists 13<sup>th</sup> Annual Meeting and Clinical Congress, Boston, Abstract 103*

**Work In Progress**

**Parikh G**, Varadinova M, Suwandhi P, Araki T, Rosenwaks Z, Poretsky L, Seto-Young D. Vitamin D Regulates Human Ovarian Steroidogenesis and Insulin-Like Growth Factor Binding Protein-1 (IGFBP-1) Production in Human Ovarian Cells. Submitted *Hormone and Metabolic Research*

Seto-Young D, Avtanski D, Araki T, **Parikh G**, Goldman M, Varadinova M, strizhevsky M, Rosenwaks Z, Poretsky L. Thiazolidinedione Inhibit Aromatase Activity in Human Granulosa Cells by Interfering with Androgen Binding to Aromatase and Altering the Enzyme Kinetic Properties.