

Noah Lubowsky, MD
Dr. Gerald J. and Dorothy R. Friedman Fellow in Diabetes & Metabolism
2006 - 2008



Education

Dr. Lubowsky earned his B.A. in Chemistry from Binghamton University in 1996 and his M.D. from SUNY Downstate in 2002. He completed his Internal Medicine Internship at the University of Pittsburgh Medical Center, and his Internal Medicine Residency at Long Island Jewish Hospital in New Hyde Park, NY. Dr. Lubowsky completed his fellowship in Endocrinology, Diabetes and Metabolism as a Friedman Fellow at Tufts Medical Center in 2008. He is a Diplomate of the American Board of Internal Medicine, and is Board Certified in Diabetes, Endocrinology, and Metabolism.

Former and Current Position(s) and Academic Interests

During his fellowship, Dr. Lubowsky was actively involved in the education of medical students and residents. He was the Associate Director of the Endocrine Pathophysiology course at Tufts University School of Medicine and a preceptor for the Physical Diagnosis course.

Dr. Lubowsky participated in other scholarly activities, including the Fellow's Day Symposium at The Endocrine Society meeting in June 2007 and the American Thyroid Association in October 2007. He completed the 2008 Endocrine University course at the Mayo Clinic, where he received certification in bone densitometry.

Dr. Lubowsky worked with Renal-Endocrine Associates, P.C. (now Partners in Nephrology and Endocrinology) of Pittsburgh, PA, as a staff endocrinologist from 2008-2010. While there, he was a staff member of the Joslin Diabetes Center, Western Pennsylvania Hospital affiliate. In 2010, he joined Heritage Valley Health System in Beaver, Pennsylvania to establish Heritage Valley

Endocrinology. He worked with the health system to develop a comprehensive diabetes treatment and education program and is now the Physician Advisor to the Diabetes Education Program. It is the first comprehensive education program in Beaver County, Pennsylvania. He also helped to create new insulin protocols for the hospital system. A basal-bolus subcutaneous insulin protocol was implemented in April 2011, helping to significantly decrease the hyperglycemia and hypoglycemia rates in hospitalized patients. A protocol for the treatment of diabetic ketoacidosis and hyperosmolar state is currently being developed. He continues to work with residents in Heritage Valley's Family Medicine program and was named Teacher of the Year by the Family Medicine Residents in 2013. He is developing an endocrinology education curriculum for the Residency as well as a research program. He will be conducting a randomized study to determine whether early screening for gestational diabetes (during the 1st trimester) improves outcomes, particularly fetal birth weight.

Dr. Lubowsky is a member of the Endocrine Society and the American Association of Clinical Endocrinologists. In 2012, he was inducted as a Fellow of the American College of Endocrinology.

Bibliography

1. **Lubowsky ND**, Siegel R and Pittas AG. Management of Glycemia in Patients with Diabetes Mellitus and CKD. [*American Journal of Kidney Diseases*](#) 2007; 50 (5): 865–879.
2. Azuma K, Radikova Z, Mancino JM, Toledo FGS, Thomas E, **Lubowsky ND**, Kelley CA, Kangani CO, Serra D, He Y, Liguera-Saylan M, Foley JE, Kelley DE: DPP-4 inhibition improves insulin resistance (IR) in type 2 DM. Presented at the 66th Scientific Sessions of the [*American Diabetes Association*](#), Washington, DC, 2006.
3. Pittas AG, **Lubowsky N** and Lau J. Insulin therapy in critically ill hospitalized patients. A meta-analysis. Presented at the 68th Scientific Sessions of the [*American Diabetes Association*](#), San Francisco, CA, 2008.