

Noah Lubowsky, MD
Dr. Gerald J. and Dorothy R. Friedman Fellow in Diabetes & Metabolism
2006 - 2008



Education

Dr. Lubowsky earned his B.A. in Chemistry from Binghamton University in 1996 and his M.D. from SUNY Downstate in 2002. He completed his Internal Medicine Internship at the University of Pittsburgh Medical Center, and his Internal Medicine Residency at Long Island Jewish Hospital in New Hyde Park, NY. Dr. Lubowsky completed his fellowship in Endocrinology, Diabetes and Metabolism as a Friedman Fellow at Tufts Medical Center in 2008. He is Diplomate of the American Board of Internal Medicine, and is Board Certified in Diabetes, Endocrinology, and Metabolism.

Former and Current Position(s) and Academic Interests

During his fellowship, Dr. Lubowsky was actively involved in the education of medical students and residents. He was the Associate Director of the Endocrine Pathophysiology course at Tufts University School of Medicine and a preceptor for the Physical Diagnosis course.

Dr. Lubowsky participated in other scholarly activities, including the Fellow's Day Symposium at The Endocrine Society meeting in June 2007 and the American Thyroid Association in October 2007. He completed the 2008 Endocrine University course at the Mayo Clinic, where he received certification in bone densitometry.

During his fellowship, Dr. Lubowsky worked closely with former Friedman fellow and current Tufts University Associate Professor of Medicine Dr. Anastassios G. Pittas on several projects. One was a state-of-the-art review on Management of Diabetes in Patients with Chronic Kidney Disease published in the *American Journal of Kidney*

Disease. Another was a meta-analysis reviewing glucose control and mortality in the hospital, presented at the Sessions of the American Diabetes Association in 2008. He also worked with Dr. Pittas on the CaDDM Study, an NIH-funded clinical trial of the effects of calcium and vitamin D supplementation on prevention of type 2 diabetes.

Dr. Lubowsky worked with Renal-Endocrine Associates, P.C. of Pittsburgh, PA, as a staff endocrinologist from 2008-2010. While there, he was a staff member of the Joslin Diabetes Center, Western Pennsylvania Hospital affiliate. In 2010, he joined Heritage Valley Health System, Beaver Hospital. He will be helping to develop a comprehensive diabetes outreach program for the health system. He will continue to work with residents and medical students. He is a member of the Endocrine Society and the American Association of Clinical Endocrinologists.

Bibliography

1. **Lubowsky ND**, Siegel R and Pittas AG. Management of Glycemia in Patients with Diabetes Mellitus and CKD. [*American Journal of Kidney Diseases*](#) 2007; 50 (5): 865–879.
2. Azuma K, Radikova Z, Mancino JM, Toledo FGS, Thomas E, **Lubowsky ND**, Kelley CA, Kangani CO, Serra D, He Y, Ligueras-Saylan M, Foley JE, Kelley DE: DPP-4 inhibition improves insulin resistance (IR) in type 2 DM. Presented at the 66th Scientific Sessions of the [*American Diabetes Association*](#), Washington, DC, 2006.
3. Pittas AG, **Lubowsky N** and Lau J. Insulin therapy in critically ill hospitalized patients. A meta-analysis. Presented at the 68th Scientific Sessions of the [*American Diabetes Association*](#), San Francisco, CA, 2008.