

NUHA ALI EL SAYED, MD

1 Joslin Place,
Boston, MA 02215
Nuha.elsayed@Joslin.harvard.edu
Phone: 617-732-2645

MEDICAL TRAINING & WORK EXPERIENCE

Joslin Diabetes Center, Harvard Medical School, September 2009- present
Harvard Medical Faculty Physicians, BIDMC

- **Attending physician** – Endocrinology, diabetes and metabolism.
- **Associate Director of International Initiatives** - HMFP
- **Instructor in medicine**, Harvard Medical School.

Tufts University, Tufts Medical Center, Jul 2007- August 2009

- **Fellow**, Division of Endocrinology, Diabetes and Metabolism with a focus on obesity and nutrition.
Freidman Fellow appointment (a fully funded position by the Freidman foundation)
- **Clinical Associate in Medicine**
- **Researcher**, Jean Mayer USDA Human Nutrition Research Center on Aging at Tufts University (HNRCA) and the Tufts' weight and wellness' center.

Boston University, Roger Williams Medical Center, Jun 2004 – Jun 2007

- **Resident**, Department of Internal Medicine

Harvard Medical School, Joslin Diabetes Center, 2004-2006

- **Obesity / Diabetes fellow**

Alexandria University Hospital, Mar 2002 – Dec 2002

- House Officer.

EDUCATION

- **The Sackler School of Graduate Biomedical Sciences, Tufts University** - Certificate - Clinical and Translational Science, 2011
- **Alexandria University, Faculty of Medicine,** Sep 1995 – Oct 2001
(Bachelor Degree of Medicine and Surgery)
- **Cambridge University, UK** - The English Girls' College, Alexandria Egypt.
Advanced levels - Top Student 1995

MEDICAL RESEARCH INTERESTS

- Obesity in Type 2 Diabetics and Insulin Resistance
- Lifestyle modification and weight management.
- Internet based interventions and obesity/ diabetes.
- Cardiovascular Disease in Diabetes
- Global health delivery of diabetes and obesity.
- Patient education in diabetes and lifestyle interventions.
- Medical Education in Diabetes
- Use of Technology in Diabetes care.

SELECTED ACADEMIC HONORS

- Gerald J. and Dorothy R. Friedman fellowship– 2007-2009
- Distinction in Department of Community Medicine (includes Public Health, Preventive Medicine, Occupational Medicine, Epidemiology and Statistics), Alexandria University, Egypt.
- Distinction in Department of Dermatology, Alexandria University, Egypt.
- Distinction in Department of Internal Medicine, Alexandria University, Egypt.
- Award of Merit, Rotary international
- Top Student & Head Girl, EGC, Cambridge University.

LEADERSHIP AND VOLUNTEER EXPERIENCE

- Head of humanitarian aid in conjunction with the WHO fundraising and donations of medical supplies to Iraq during UN sanctions and various other Eastern Mediterranean areas.
- Fundraising events for the benefit of Alexandria University's Cardiology, Hematology and Dialysis units. Fundraising events for various orphanages and girls' care institutions.
- Former Head of Alexandria's Orphan Sponsorship program.
- Designing a self sustained model of a basic diabetes micro-clinic that can be applied in underserved, impoverished and war torn areas of the world.
- Volunteer- Diabetes and metabolism, Alexandria University. Help in restructuring educational curriculum, patient education, residents training and outpatient clinic structure and process.
- Underserved diabetes clinics

ADDITIONAL

- USA citizen; married with one child
- Interests include reading, photography, travel, tennis, collecting antiques and community volunteer work.
- Fluent in English and Arabic. Basic French and Italian.
- Board Certified in Internal Medicine
- Board Certified in Endocrinology, Diabetes and Metabolism.