### **CURRICULUM VITAE**

NAME: GERALD BERNSTEIN, M.D.

DATE OF BIRTH: JULY 12, 1933

PLACE OF BIRTH: NEW YORK, N.Y.

CITIZENSHIP: UNITED STATES OF AMERICA

OFFICE ADDRESS: FRIEDMAN DIABETES INSTITUTE
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**MARITAL**: MARRIED

### EDUCATION:

COLLEGE: DARTMOUTH COLLEGE, HANOVER, N.H., A.B. 1955 MEDICAL: TUFTS UNIV. SCHOOL OF MED., BOSTON, MASS. M.D. 1959

### POSTGRADUATE TRAINING.:

INTERNSHIP: MONTEFIORE HOSPITAL, BRONX, N.Y.(ROTATING) 1959-1960
RESIDENCY: VET. ADM. HOSPITAL, BRONX, N.Y.(MEDICINE) 1960-1961
RESIDENCY: MONTEFIORE HOSPITAL, BRONX, N.Y.(MEDICINE) 1963-1964
FELLOWSHIP: POSTDOCTORAL(AMER. CANCER SOC.) ENDOCRINE RESEARCH
LABORATORY, MONTEFIORE HOSPITAL, BRONX, N.Y. 1964-1966

### MILITARY SERVICE:

CAPTAIN, U.S.A.F. HOSPITAL, MAXWELL AIR FORCE BASE MONTGOMERY, ALABAMA 1961-1963

**NEW YORK STATE LICENCE: 84143** 

### APPOINTMENTS:

ASSOCIATE CLINICAL PROFESSOR OF MEDICINE, ALBERT EINSTEIN COLLEGE OF MEDICINE, BRONX, N.Y. 1966-PRESENT

ATTENDING PHYSICIAN. BETH ISRAEL MEDICAL CENTER 1999-

ASSOCIATE ATTENDING PHYSICIAN, MONTEFIORE MEDICAL CENTER BRONX, N.Y. 1966-PRESENT

ATTENDING PHYSICIAN, LENOX HILL HOSPITAL, NEW YORK, N.Y. 1974-PRESENT BOARD CERTIFICATION:

DIPLOMATE, AMERICAN BOARD OF INTERNAL MEDICINE, 1966

FELLOW, AMERICAN COLLEGE OF PHYSICIANS 1968

DIPLOMATE, AMERICAN BOARD OF ENDOCRINOLOGY AND METABOLISM 1973 VICE PRESIDENT MEDICAL AFFAIRS, GENEREX BIOTECHNOLOGY 2002-PRESENT DIRECTOR, GENEREX BIOTECHNOLOGY 2002 TO 2007

### **CORPORATE CONSULTING:**

**AMGEN** 

WILKERSON GROUP

VALUE HEALTH

BRISTOL MYERS SOUIBB

JANSSEN PHARMACEUTICALS

AM MEDICA

AMM ADELPHI

**UPJOHN** 

**ALZA** 

AMYLIN CORPORATION

**ALTEON** 

HOECHST MARION ROUSSEL(AVENTIS)

ELI LILLY

**GENEREX** 

PHYSICIANS WORLD

**CELL ROBOTICS** 

### PROFESSIONAL SOCIETIES:

ALPHA OMEGA ALPHA(HONORARY)

**ENDOCRINE SOCIETY** 

AMERICAN DIABETES ASSOCIATION(NATIONAL)

AMERICAN DIABETES ASSOCIATION(EASTERN REGION)

AMERICAN MEDICAL ASSOCIATION

NEW YORK STATE MEDICAL SOCIETY

## **PROFESSIONAL ACTIVITIES:**

AMERICAN DIABETES ASSOCIATION(NATIONAL)

PREDIDENT 1998-99

PRESIDENT-ELECT 1997-98

VICE-PRESIDENT 1996-97

BOARD OF DIRECTORS 1993-2000

**EXECUTIVE COMMITTEE 1996-2000** 

NOMINATING COMMITTEE 1999-2000

ADA REPRESENTATIVE TO NATIONAL DIABETES EDUCATION PROGRAM

SUB-COMMITTEE ON RESOURCE UTILIZATION

**BANTING MEDAL FOR SERVICE 1999** 

SCIENTIFIC AND MEDICAL ADVISORY GROUP(CHAIR)1997-98

COMMITTEE ON COUNCILS AND COMMITTEES 1996-1998

NATIONAL FUND RAISING AWARD 1995

**PUBLICATIONS POLICY COMMITTEE 1995-96** 

PROVIDER RECOGNITION STEERING COMMITTEE 1995-1997

COMMITTEE ON BUSINESS AND MARKETING 1993-1995

COMMITTEE ON POST GRADUATE EDUCATION 1991-1993

COMMITTEE ON AFFILIATE PROGRAMS AND SERVICES

EDITORIAL BOARD: CLINICAL DIABETES

AMERICATION DIABETES ASSOCIATION RESEARCH FOUNDATION

**BOARD OF DIRECTORS 1999-**

NOMINATING COMMITTEE 1999-

AMERICAN DIABETES ASSOCIATION(NEW YORK STATE AFFILIATE)

**BOARD OF DIRECTORS 1995-1996** 

NOMINATING COMMITTEE 1995-1996

### AMERICAN DIABETES ASSOCIATION(NEW YORK DOWNSTATE AFFILIATE)

PRESIDENT, 1994-1995

PRESIDENT ELECT 1993-1994

VICE-PRESIDENT 1992-1993

BOARD OF DIRECTORS 1980-1995

PLAN AND SCOPE COMMITTEE 1989-1995(CHAIR, 1993-1994)

EXECUTIVE COMMITTEE 1991-1995(CHAIR, 1994-1995)

**DEVELOPMENT COMMITTEE 1990-1992** 

PERSONNEL COMMITTEE 1990-1992

PUBLIC EDUCATION COMMITTEE, 1988-1990(CHAIR1988-1989)

CLINICAL SOCIETY 1980-1995(CHAIR 1984-1985)

PROGRAM AND SYMPOSIUM COMMITTEE 1980-1995(CHAIR 1983-1984)

PATIENT SERVICES COMMITTEE, 1978-1989(CHAIR 1986-1992)

PROFESSIONAL EDUCATION COMMITTEE 1979-1984(CHAIR 1983-1984)

CLINIC ADVISORY COMMITTEE 1980-1983(CHAIR 1980-1983)

FUN RAISING COMMITTEE 1992-1995

## AMERICAN DIABETES ASSOCIATION(NEW YOR CITY CHAPTER)

BOARD OF DIRECTORS 1988-1995

FUND RAISING COMMITTEE 1987-1992

TREASURER 1991-1992

### BETH ISRAEL HEALTH CARE SYSTEMS

DIRECTOR, DIABTETES MANAGEMENT PROGRAM 1999-2000

DIRECTOR, DIABETES MANAGEMENT PROGRAM

GERALD J. FRIEDMAN DIABETES INSTITUTE, BETH ISRAEL MEDICAL CENTER. NY

### MONTEFIORE MEDICAL CENTER

SEARCH COMMITTEE: CHAIRMAN, COMMUNITY MEDICINE.

SEARCH COMMITTEE: CHAIRMAN, ONCOLOGY

PRESIDENT, MEDICAL BOARD. 1983-1984

PRESIDENT, ALUMNI ASSOCIATION, 1983-1984

## LENOX HILL HOSPITAL

**DEVELOPMENT COMMITTEE 1996** 

# OTHER ACTIVITIES

CHAIRMAN, LOCAL ALUMNI INTERVIEWING COMMITTEE

DARTMOUTH COLLEGE, 1973-1993

EDITORIAL BOARD HUMAN SEXUALITY

PANELIST: NATIONAL HEALTH COUNCIL NATIONAL HEALTH FORUM

HEALING ENCOUNTERS. PATIENT-PROVIDER COLLABORATION

RECONSIDERED. MARCH27-29, 1989. BALTIMORE MD.

## MIDMANHATTAN MEDICAL ASSOCIATES

**EXECUTIVE COMMITTEE 1996-1998** 

DIRECTOR, DIABETES MANAGEMENT PROGRAM 1996-1998

HOST, "THE DIABETES HOUR" WEVD RADIO WEEKLY

### **BIBLIOGRAPHY**

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- 2. OPPENHEIMER, J.H., MARTINEZ, M. AND BERNSTEIN, G.: DETERMINATION OF THE MAXIMAL BINDING CAPACITY AND PROTEIN CONCENTRATION OF THYRONIE BINDING PREALBUMIN IN HUMAN SERUM. J. LAB. AND CLIN. MEDICINE. 67:500, 1966
- 3. <u>SMITH, J.C., BERNSTEIN, G., SURKS, M.I. AND OPPENHEIMER, J.H.</u>: A METHOD OF PREPARATIVE STARCH GEL ELECTROPHORESIS. BIOCH. AND BIOPHYS. ACTA 115:81, 1966
- 4. <u>OPPENHEIMER, J.H. AND BERNSTEIN, G.</u>: THE METABOLISM AND PHYSIOLOGIC SIGNIFICANCE OF THYROXINE BINDING PREALBUMIN IN MAN. IN "CURRENT TOPICS IN THYROID RESEARCH", ACADEMIC PRESS. 1965 pp674-694
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- 6. <u>BERNSTEIN, G., HASEN, J. AND OPPENHEIMER, J.H.</u>: TURNOVER OF I-131 THYROXINE IN PATIENTS SUBJECTED TO SURGICAL TRAUMA. J. CLIN. END AND METAB. 27:741 1967
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- 8. <u>HASEN, J., BERNSTEIN, G., VOLPERT, E. AND OPPENHEIMER, J.H.</u>: ANALYSIS OF THE RAPID INTERCHANGE OF THYROXINE BETWEEN PLASMA AND LIVER AND PLASMA AND KIDNEY IN THE INTACT RAT. ENDO. 82:37 1968
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- "DIABETES MELLITUS. THEORY AND PRACTICE", ELLENBERG, M. AND RIFKIN, H. MED. EXAM. PUB. CO. pp907 1983
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- 15. <u>BERNSTEIN, G</u>.: TOWARD PERFECT CONTROL. DIABETES FORECAST 34:20 1981
- 16. <u>ALBIN, J., BERNSTEIN, G. AND RIFKIN, H.</u>: DIBETES: A GUIDE TO THE LATEST THERAPY. THE FEMALE PATIENT. 7:39 1982
- 17. <u>BERNSTEIN, G.: INSULIN RESISTANCE AND TYPE 2 DIABETES MELLITUS.</u> PRACTICAL DIABETOLOGY. 3:10 1983
- 18. <u>BERNSTEIN, G. ET AL</u>.: CRITICAL ISSUES IN DIABETES MANGEMENT. PHYSICIAN AND PATIENT 3:10 1984
- 19. <u>BERNSTEIN, G.</u>: MANAGING THE NON INSULIN DEPENDENT DIABETIC. RESIDENT AND STAFF PHYSICIAN. 30:29 1984
- 20. <u>BERNSTEIN, G. AND RIFKIN, H.</u>: PSYCHOSEXUAL PROBLEMS OF THE DIAB-ETIC. HUMAN SEXUALITY 19:45 1985
- 21. <u>BERNSTEIN, G. AND RIFKIN, H.</u>: DIABETIC NEUROPATHY. METHODS OF THERAPY. INTERNAL MEDICINE FOR THE SPECIALIST. 6:73 1985
- 22. <u>BERNSTEIN, G.</u>: CURRENT MANAGEMENT OF THE NONINSULIN DEPENDENT DIABETIC PATIENT. MEDICAL TIMES 114:113 1986
- 23. <u>BERNSTEIN, G.</u>: THE GASTOINTESTINAL COMPLICATIONS OF DIABETES MELLITUS. COMPREHENSIVE THERAPY. 12:8 1985
- 24. <u>BERNSTEIN, G.:</u> THE GASTROINTESTINAL COMPLICATIONS OF DIABETES MELLITUS. PRACTICAL DIABETOLOGY. 5:6 1986
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- 26. <u>BERNSTEIN, G.</u>: COUNSELING THE MALE DIABETIC PATIENT WITH ERECTILE INCOMPETENCE. HUMAN SEXUALITY. SUPPLEMENT. 23:20 1989
- 27. <u>RIFKIN, H. AND BERNSTEIN, G.</u>: THE TREATMENT OF TYPE 2 DIABETES. WORLD BOOK OF DIABETES IN PRACTICE. VOL. 3. L.P. KRALL ED. pp164-166 1989. ELSEVIER, AMSTERDAM.
- 28. <u>BERNSTEIN, G. AND LeVERT, S.</u>: IF IT RUNS IN YOUR FAMILY: DIABETES REDUCING THE RISK. pp1-196. 1994 BANTAM BOOKS
- 29. <u>BERNSTEIN, G.</u>: THE DIABETEIC STOMACH: MANAGEMENT STRATEGIES FOR PHYSICIANS AND PATIENTS. DIABETES SPECTRUM. 13:11 2000
- 30. BERNSTEIN, G.: 1999 PRESIDENTIAL ADDRESS;...THE FAULT, DEAR BRUTUS. DIABETES CARE: 23:719 2000

- 31. BERNSTEIN, G.: TYPE 2 DIABETES IN CHILDREN AND ADOLESCENTS. PRACTICAL DIABETOLOGY: SEPTEMBER 2000 37-41
- 32. BERNSTEIN, G. THE DIABETES EPIDEMIC. KEYS TO PREVENTION, GUIDE TO THERAPY. CONSULTANT: 2002. 46:753-761
- 33. BERNSTEIN, G. THE DIABETES EPIDEMIC: AN UPDATE ON CAUSES AND THERAPY. DIABETES TRENDS: 2002 14:8-13
- 34. GUEVARA-AGUIRRE, J, GUEVARA-AGUIRRE,M, SAVEEDA, J, BERNSTEIN, G AND ROSENBLOOM, A. COMPARISON OF ORAL SPRAY AND SUCUTANEOUS REGULAR INSULIN AT MEALTIME IN TYPE 1 DIABETES. DIABETES TECHNOLOGY AND THERAPEUTICS 2007 9:372-376
- 35. BERNSTEIN, G. DELIVERY OF INSULIN TO THE BUCCAL MUCOSA UTILIZING THE RAPIDMIST™ SYSTEM. EXPERT OPINION 2008 5:1047-1056

### **BIOGRAPHY**

GERALD BERNSTEIN, M.D., F.A.C.P. GRADUATED FROM DARTMOUTH COLLEGE AND TUFTS UNIVERSITY SCHOOL OF MEDICINE. HE IS BOARD CERTIFIED IN INTERNAL MEDICINE(1966) AND ENDOCRINOLOGY AND METABOLISM(1973). HE ENTERED PRACTICE IN 1966 AFTER COMPLETING A RESEARCH FELLOWSHIP. DR. BERNSTEIN IS AN ASSOCIATE CLINICAL PROFESSOR AT THE ALBERT EINSTEIN COLLEGE OF MEDICINE IN NEW YORK. HE IS AN ATTENDING PHYSICIAN AT BETH ISRAEL MEDICAL CENTER, LENOX HILL HOSPITAL(1974) AND MONTEFIORE MEDICAL CENTER(1966). HE SERVE S ON THE NATIONAL BOARD OF DIRECTORS OF THE AMERICAN DIABETES ASSOCIATION, ITS RESEARCH FOUNDATION AND MANY NATIONAL COMMITTEES, HE WAS ON THE EDITORIAL BOARD OF THE PUBLICATION "CLINICAL DIABETES". HE HAS BEEN PRESIDENT OF THE NEW YORK DOWNSTATE AFFILIATE OF THE AMERICAN DIABETES ASSOCIATION. HE IS THE AUTHOR OF MANY PAPERS, CLINICAL AND SCIENTIFIC AND THE BOOK "IF IT RUNS IN YOUR FAMILY: DIABETES MELLITUS, REDUCING YOUR RISK". DR. BERNSTEIN IS A PAST PRESIDENT OF THE AMERICAN DIABTES ASSOCIATION AND WAS DIRECTOR OF THE BETH ISRAEL HEALTH CARE SYSTEMS DIABETES MANAGEMENT PROGRAM. HE IS CURRENTLY VICE PRESIDENT FOR MEDICAL AFFAIRS OF GENEREX BIOTECHNOLOGY AND SERVES ON ITS BOARD OF DIRECTORS.