

CURRICULUM VITAE
LEONID PORETSKY, M.D.

3/7/2025

ADDRESS: **Business:** Northwell Health – Lenox Hill Hospital
100 East 77th Street
New York, N.Y. 10075

TELEPHONE: (212) 434-4972 (office)

PLACE OF BIRTH: Leningrad, Russia (USSR)

CITIZENSHIP: United States, 1985
Immigrated to U.S.A. in 1979

MEDICAL SCHOOL:
1971 - 1977 M.D., Cum Laude
Pavlov First Saint Petersburg State Medical University
Leningrad, Russia (USSR)

CURRENT POSITIONS:
2014 – Present Chief, Division of Endocrinology
Associate Chairman for Research, Department of Medicine
Northwell Health– Lenox Hill Hospital
New York, New York 10075

Professor of Medicine
Donald and Barbara Zucker School of Medicine at Hofstra Northwell

Professor, Feinstein Institutes for Medical Research

PREVIOUS HOSPITAL APPOINTMENTS:
2000 – 2014 Interim Chairman, Department of Medicine (2014)
Chief, Division of Endocrinology & Metabolism (2000)
Gerald J. Friedman Chair in Endocrinology (2004)
Program Director, Fellowship in Endocrinology and Metabolism (2000)
Director, Gerald J. Friedman Diabetes Institute (2007)
Research Integrity Officer (2012)
Mount Sinai Beth Israel
New York, New York

2012 – 2014 Vice-Chairman for Research, Department of Medicine
Mount Sinai Beth Israel
New York, New York

1995 - 2000 Director, Diabetes Center
Associate Director, General Clinical Research Center
Professor of Medicine and Gynecology (1999)
New York Hospital/Cornell Medical Center
New York, New York

LEONID PORETSKY, M.D.

| | |
|-------------|--|
| 1989 - 1995 | Chief, Division of Endocrinology and Metabolism, Cabrini Medical Center New York, New York |
| 1985 - 1989 | Head, Diabetes Section Division of Endocrinology and Metabolism Department of Medicine Beth Israel Medical Center New York, New York |
| 1983 - 1985 | Fellow in Endocrinology, Beth Israel Hospital Harvard Medical School Boston, Massachusetts |
| 1983-1985 | Physician (part-time), Joslin Diabetes Center, Boston, Massachusetts |
| 1982 - 1983 | Chief Resident in Medicine, Coney Island Hospital, Brooklyn, New York |
| 1980 - 1982 | Resident in Medicine, Coney Island Hospital, Brooklyn, New York |
| 1978 - 1979 | Physician, Medical Emergency Station Leningrad, Russia (USSR) |
| 1977 - 1978 | Physician, Department of Internal Medicine State Hospital Number 21 Leningrad, Russia (USSR) |

PREVIOUS MEDICAL SCHOOL APPOINTMENTS:

| | |
|-------------|--|
| 2000-2014 | Professor of Medicine, Albert Einstein College of Medicine (2000) Professor of Medicine, Icahn School of Medicine at Mount Sinai (2014) |
| 1999- 2000 | Professor of Medicine and Gynecology Weill Medical College of Cornell University New York, New York |
| 1995 - 1999 | Associate Professor of Medicine and Gynecology Cornell University Medical College New York, New York |

LEONID PORETSKY, M.D.

1990 - 1995 Associate Professor of Medicine
New York Medical College
Valhalla, New York

1989 - 1990 Associate Professor of Medicine
Mt. Sinai School of Medicine
City University of New York
New York, New York

1985 - 1989 Assistant Professor of Medicine
Mt. Sinai School of Medicine
City University of New York
New York, New York

POSTDOCTORAL TRAINING:

2003 Medical Informatics MBL/NLM Course Fellow
Marine Biological Laboratory
Sponsored by the National Library of Medicine
Woods Hole, Massachusetts

1983 - 1985 Research Fellow in Medicine,
Harvard Medical School,
Charles A. Dana Research Institute and
The Harvard-Thorndike Laboratory.
Fellow in Endocrinology and Diabetes,
Boston's Beth Israel Hospital, with clinical duties at Brigham Medical Group
and Harvard Community Health Plan, Boston, Massachusetts

1982 - 1983 Chief Resident,
Department of Medicine,
Coney Island Hospital,
Brooklyn, New York

1980 - 1982 Resident in Medicine,
Coney Island Hospital,
Brooklyn, New York

LICENSURE AND CERTIFICATION:

1985 Diplomate
American Board of Endocrinology and Metabolism
Cert. # 90042

1983 Diplomate, American Board of Internal Medicine Cert. # 90042

1996 Pennsylvania State License Registration #MD - 057239-L

LEONID PORETSKY, M.D.

| | |
|------|--|
| 1983 | New York State License Registration # 155121-1 |
| 1983 | Massachusetts License Registration # 51042 |
| 1982 | California License Registration # A39257 |
| 1981 | Maryland License Registration # D26936 |
| 1981 | FLEX Examination passed June, 1981 |
| 1980 | ECFMG Certificate # 314376-6 |

TEACHING EXPERIENCE:

| | |
|----------------|--|
| 2014 - Present | Chief, Division of Endocrinology, Diabetes and Metabolism Associate Chairman for Research, Department of Medicine Lenox Hill Hospital Professor of Medicine, Donald and Barbara Zucker School of Medicine at Hofstra Northwell and Feinstein Institute for Medical Research Teaching rotating high school, college and medical students; mentoring residents in medicine and fellows in endocrinology. Co-Director, weekly divisional conferences and annual Feinstein Institute research symposia "Diabetes, endocrinology and metabolic disorders." |
| 2000-2014 | Chief, Division of Endocrinology and Metabolism, Beth Israel Medical Center. Teaching medical students, residents and fellows. Program Director for the fellowship training program. |
| 1995- 2000 | Director, Diabetes Center, New York Hospital- Cornell Medical Center, New York, NY Faculty Member for the following problem based learning (PBL) courses: "Human Structure and Function" and "From Molecules to Cells". Preceptor for the triple jump examination (2nd year medical students). Writing questions for the pathophysiology examination (2nd year medical students). Lectures for medical students: "Type 1 diabetes mellitus" and "Insulin and glucagon." Endocrine grand rounds: "Role of insulin and insulin-like growth factors in ovarian function" and "Polycystic ovary syndrome." Medical grand rounds: "Syndromes of insulin resistance." Teaching residents and fellows in clinical setting (attending ward physician in internal medicine and endocrinology; attending physician in the endocrine clinic and high-risk pregnancy clinic). Member, Cornell University Medical College Department of Medicine Postgraduate Education Advisory Committee and Update in Medicine Committee. Lectures throughout New York Metropolitan area on the topic of insulin resistance (Columbia University, New York University School of Medicine, Mount Sinai School of Medicine, Albert Einstein College of Medicine). |
| 1989 - 1995 | Chief, Division of Endocrinology and Metabolism Cabrini Medical Center, New York, NY |

LEONID PORETSKY, M.D.

Rounds with housestaff and medical students in endocrinology & internal medicine. Organizing endocrine conferences and board review courses for residents. Organizing inter-institutional endocrine grand rounds, (Cabrini Medical Center, St. Vincent Medical Center, Rogosin Institute). Lecturing on insulin receptor disorders and endocrinological aspects of AIDS.

- 1985 - 1989 Head, Diabetes Section Beth Israel Medical Center, New York, NY
Conducting rounds with housestaff and medical students; responsible for weekly endocrine grand rounds and monthly research conferences. Lecturing on insulin receptor disorders.
- 1983 - 1985 Fellow in Endocrinology and Metabolism, Boston's Beth Israel Hospital and Harvard Medical School
While on clinical service, supervised students and residents rotating through the service; presented endocrine grand rounds on the following subjects: Lipoatrophic diabetes; Insulin receptors in health and disease; and Insulin effects in the ovary.
- 1982 - 1983 Chief Resident, Department of Medicine, Coney Island Hospital, Brooklyn, New York
Teaching residents in a clinical setting; conducting daily MICU rounds and weekly clinical conferences.
- 1982 - 1983 Preceptor for Physical Diagnosis Course, Sophie Davis School of Biomedical Education, City University of New York.
- 1971 - 1977 Teaching biology course for premedical students,
First Medical Institute, Leningrad, Russia (USSR).

COMMITTEE MEMBERSHIPS:

- Member, Department of Medicine Website Development Committee, Lenox Hill Hospital, New York, New York
- Member, Northwell Health Department of Medicine and Medicine Service line (MSL) Research Executive Committee (DRC)
- Member, Northwell Health Department of Medicine Clinical Trials Committee (system-wide), Lenox Hill Hospital, New York, New York
- Committee on Scholarly Activities, Mount Sinai Beth Israel, New York, New York
- Department of Medicine Division Chiefs, Mount Sinai Beth Israel, New York, New York
- Diabetes Care Enhancement Initiative Committee, Beth Israel Medical Center, New York, New York

MAJOR RESEARCH INTERESTS:

Mechanisms of insulin and insulin-like growth factor action in the ovary; interactions between energy metabolism and reproduction; endocrinological aspects of AIDS; clinical outcomes in diabetes.

LEONID PORETSKY, M.D.

Grant Support:

- 2023 – Ongoing Principal Investigator - In vivo Effects of Irisin on Female Reproduction. Sponsor: Barbara and Donald Zucker Grant Program for Lenox Hill Hospital/MEETH. Direct costs: \$25,000.
- 2022 - Ongoing Mentor - Thyroid neoplasia in LatinX patients from an underserved background. Sponsor: NY State Department of Health, Empire Clinical Research Program (ECRIP). Direct costs: \$574,166.00. Principal Investigators: Emilia P. Liao, MD and Jose G. Sanchez E., MD.
- 2022 – Ongoing Co-Investigator – Effects of Synthetic mono-carbonyl curcumin analogues on diabetes modulation of oxidative stress and inflammation. Sponsor: Barbara and Donald Zucker Grant Program for Lenox Hill Hospital/MEETH. Principal Investigator: Dimitar Avtanski, PhD.
- 2021 – Ongoing Principal Investigator – The role of irisin in human reproduction. Sponsor: Barbara and Donald Zucker Grant Program for Lenox Hill Hospital/MEETH.
- 2021 – Ongoing Co-Investigator – Investigation of the molecular mechanisms by which hypoxia modulates cytokine secretion in breast cancer cells. Sponsor: Barbara and Donald Zucker Grant Program for Lenox Hill Hospital/MEETH. Principal Investigator: Dimitar Avtanski, PhD.
- 2020 – Ongoing Principal Investigator - The role of irisin and other cytokines in ovarian physiology Sponsor: Katz Institute for Women’s Health Innovation Grants Program.
- 2020 – Ongoing Co-Investigator - Reliability of the Freestyle Libre CGM in the inpatient setting during the COVID-19 surge. Sponsor: Friedman Diabetes Institute. Principal Investigator: Renee Murray-Bachmann, DP
- 2019 - Ongoing Mentor (Lenox Hill Hospital) – “Transgender Health Aging Study and Registry” – NY State Department of Health, Empire Clinical Research Program (ECRIP). Direct costs \$574,166.00.
- 2018 – Ongoing Lorraine Allen Research Fund – Transgender Aging Study and Registry.
- 2017 - Ongoing Site Principal Investigator – Role of CAP1 in mediating resistin action in obesity-induced insulin resistance. Gerald J. and Dorothy R. Friedman New York Foundation for Medical Research.
- 2016 – Ongoing Director - The Gerald J. Friedman Transgender Program for Health & Wellness (The Gerald J. and Dorothy R. Friedman New York Foundation for Medical Research).
- 2007 – Ongoing Director - The Gerald J. Friedman Diabetes Institute (The Gerald J. and Dorothy R. Friedman New York Foundation for Medical Research).

LEONID PORETSKY, M.D.

- 2023 - 2024 Co-Investigator - Pilot study to compare anatomic, physiologic, metabolic and weight changes after standard of care Endoscopic Gastric Restrictive Bariatric Interventions vs. standard of care laparoscopic sleeve gastrectomy. Sponsor: New York State Department of Health. Principal Investigator: Filippo Filicori, MD, Donald and Barbara Zucker School of Medicine at Hofstra/Northwell. IRB No.: 19-0112.
- 2019 – 2021 Site Co-Investigator – Novo Nordisk (Site Principal Investigator – Dr. Yael Harris): Long Term Comparative Effectiveness of once weekly semaglutide versus standard of care in a real world adult US Population with type 2 diabetes – A randomized pragmatic clinical trial.
- 2017 – 2019 Site Co-Investigator – Novartis (Site-Principal Investigator – Dr. John Boockvar): A Phase III, multi-center, randomized, double blind, 48 week study with an initial 12 week placebo-controlled period to evaluate the safety and efficacy of osilodrostat in patients with Cushing’s disease.
- 2017 - 2019 Project Director (Lenox Hill Hospital) – “Obesity as a multifactorial disease: Energy metabolism, insulin resistance, microbiome and endoscopic bariatric intervention in human obesity” – NY State Department of Health, Empire Clinical Research Program (ECRIP). Direct costs \$698,888.
- 2015 – 2017 Site Principal Investigator – “The effect of structured outpatient diabetes program on hospital readmission rates in patients with diabetes” - NY State Department of Health, Empire Clinical Research Investigation Program (ECRIP). Initially funded 2015-2017, direct costs \$150,000.00.
- 2017 - 2019 Site Principal Investigator – Sanofi: Sotagliflozin compared to empagliflozin and placebo in patients with type 2 diabetes who have inadequate glycemic control on Dipeptidyl Peptidase 4 Inhibitor (DPP4I) with or without metformin -a multicenter clinical trial.
- 2017 - 2019 Site Principal Investigator – Sanofi: The SCORED Trial, a randomized, double blind, placebo-controlled, parallel-group, multicenter study to demonstrate the effects of sotagliflozin on cardiovascular and renal events in patients with type 2 diabetes, cardiovascular risk factors and moderately impaired renal function, a multi-center clinical trial.
- 2016 – 2019 Site Co-Investigator (Lenox Hill Hospital); NIDDK Grant Number U01 DK098245-03. Vitamin D and type 2 diabetes (D2d study). Principal Investigator: Anastassios G. Pittas, MD, Tufts University. IRB No. HS16-0144.
- 2016 – 2017 Site Principal Investigator -Sanofi: A Phase IV randomized, open-label, parallel group real world pragmatic trial to assess the clinical and health outcomes of Toujeo compared to commercially available basal insulins for initiation of therapy in insulin naïve patients with uncontrolled type 2 diabetes mellitus.

LEONID PORETSKY, M.D.

- 2016 – 2017 Site Principal Investigator - Novartis: A multi-center, randomized, open-label, Phase IV study to investigate the management of pasireotide-induced hyperglycemia with incretin based therapy or insulin in adult patients with Cushing's disease or acromegaly.
- 2014 Satellite Principal Investigator (Beth Israel); NIDDK Grant Number NCT02017171. Preventing Early Renal Loss in Diabetes (PERL): A multicenter clinical trial of allopurinol to prevent GFR loss in type 1 diabetes. Principal Investigator: Alessandro Doria, MD PhD MPH, Joslin Diabetes Center. Direct Cost: \$315,850.00.
- 2013 – 2014 Site Principal Investigator (Beth Israel); NIDDK Grant Number U01DK098245 (implementation phase). Vitamin D and type 2 diabetes (D2d study). Principal Investigator: Anastassios G. Pittas, MD, Tufts University. Direct Cost: \$153,583.00 .
- 2012 – 2013 Site Principal Investigator (Beth Israel); Genzyme Inc., Mount Sinai Medical Center. Multi-center study of the effect of Sevelamer carbonate on metabolic/inflammatory/reactive oxygen species markers in diabetes patients with nephropathy. Principal Investigator: Gary Striker, MD, Mount Sinai Medical Center. Direct Cost: \$119,844.00.
- 2011 – 2013 Co-Investigator, NIH National Center for Minority Health and Health Disparities, Bronx Center to Reduce and Eliminate Ethnic and Racial Health Disparities, Albert Einstein College of Medicine. Activating people for disease prevention and lifestyle change through empowerment (APPLE). Principal Investigator: Alison Karasz, Ph.D., Albert Einstein College of Medicine.
- 2011- 2012 Co-investigator; NIDDK Grant Number U34DK091958 (planning phase). Vitamin D for prevention of type 2 Diabetes (D2D study). Principal Investigator: Anastassios Pittas, MD, Tufts University. Direct Cost: \$161,463.00.
- 2009 – 2014 Advisor; NIH #K07AT004570-01A2. Academic career development award in Complementary and Alternative Medicine Research and Education. Principal Investigator: Benjamin Kligler, MD, MPH, Beth Israel Medical Center.
- 2009 – 2011 Co-investigator; Chinese American Medical Society and Chinese American Independent Practice Association Research Fund. Genetic markers for increased risk of gestational diabetes in Chinese-Americans. Principal Investigator: Donna Seto-Young, Ph.D, Beth Israel Medical Center.
- 2011 – 2012 Site Principal Investigator; United Hospital Fund. Health coaches—assist patients with diabetes in managing their illness and help them navigate the health care system. Direct Cost: \$37,830.00.
- 2009 – 2011 Sponsor/Mentor; Empire Clinical Research Investigator Program, New York State Department of Health. The Role of Thiazolidinediones in Bone Metabolism.

LEONID PORETSKY, M.D.

- 2008 - 2010 Site Principal Investigator; Queens/South Asian Action for Diabetes Education Program and Treatment (ADEPT), New York State Health Foundation. Direct Cost: \$269,803.
- 2008 – 2010 Sponsor/Mentor; Empire Clinical Research Investigator Program, New York State Department of Health. Effects of exenatide in overweight patients with polycystic ovary syndrome (PCOS) and role of exenatide in human ovarian regulation.
- 2008 – 2014 Site Principal Investigator; A pilot randomized controlled trial to evaluate the effects of education programs, including an interactive web site, on clinical outcomes in patients with diabetes. Gerald J. Friedman Diabetes Institute.
- 2002 – 2014 Site Principal Investigator; Gerald J. Friedman Foundation. Receptor mechanisms of insulin and insulin-like growth factors in ovarian function.
- 2004 - 2008 Site Principal Investigator; Glaxo-SmithKline, Inc. The effect of thiazolidinediones on inflammatory markers and outcomes in patients undergoing coronary artery bypass graft surgery.
- 2006 – 2008 Sponsor/Mentor; Empire Clinical Research Investigator Program, New York State Department of Health. Administration of Vitamin D analog to new onset type 1 diabetes mellitus patients to restore pancreatic cell function.
- 2005 – 2007 Investigator/Mentor; Empire Clinical Research Investigator Program, New York State. Comparison of the effect of oral contraceptive agents, spironolactone, metformin and rosiglitazone on plasma androgen levels and clinical manifestations of hyperandrogenism in women with polycystic ovary syndrome.
- 2004 – 2006 Sponsor/Mentor; Empire Clinical Research Investigator Program, New York State. Vitamin D deficiency and insulin resistance.
- 2003 – 2005 Sponsor/Mentor; Empire Clinical Research Investigator Program, New York State. The use of intensive insulin therapy in diabetic and non-diabetic individuals undergoing coronary artery bypass graft surgery.
- 2002 – 2004 Site Principal Investigator; Pharmacia, Inc. Role of thiazolidinediones in the human ovary.
- 2000 – 2006 Site Principal Investigator (Beth Israel Medical Center); ADOPT trial; Glaxo-Smith-Kline, Inc.
- 2000 – 2005 Co-investigator; NIH R01-MH60563. DHEA effects on mood in HIV positive patients. Principal Investigator: Judy Rabkin, Ph.D., Columbia University.
- 2000 – 2002 Site Principal Investigator; Singer/Hellman Award. Receptor mechanisms of insulin action in the human ovary.
- 1998 – 2000 Site Principal Investigator; NICHD R03 5618-01A1: Receptor mechanisms of insulin-like growth factor II action in the ovary.
- 1999 – 2000 Co-Investigator; N01-HC-95184 (NHLBI-NIDDK) Prevention of Cardiovascular Disease in Diabetes Mellitus. Principal Investigator: J. Thomas Bigger, M.D., Columbia University.

LEONID PORETSKY, M.D.

| | |
|-------------|--|
| 1995 – 2000 | Cornell University Medical College General Clinical Research Center, Associate Program Director; NIH Grant #M01 RR 00047-35. |
| 1996 – 2000 | Clinical trial of pioglitazone in diabetes, Takeda, Inc. |
| 1997 – 2000 | Combination trial of metformin and sulfonurea in diabetes, Bristol-Myers, Inc. |
| 1987 – 1992 | Site Principal Investigator, NIH – Grant #R29-HD22738, <i>Role of Insulin and Insulin-like Growth Factors in Ovarian Function</i> . |
| 1986 – 1988 | Site Principal Investigator, United Parcel Service Research in Medicine Award; <i>Role of Insulin in Ovarian Function</i> . |
| 1989 – 1990 | Site Principal Investigator, Herbert Singer Collaborative Research Award at Beth Israel Medical Center: <i>Animal Model of Polycystic Ovary Syndrome</i> . |
| 1989 – 1990 | Co-Principal Investigator, <i>Insulin Receptor Abnormalities in Polycystic Ovary Syndrome</i> NIH-Grant #R01DK40605. |
| 1989 – 1995 | Site Principal Investigator Roberto Pope Endocrinology Research Fund at Cabrini Medical Center: <i>Role of insulin and insulin-like growth factors in ovarian functions</i> |
| 1992 – 1994 | Site Principal Investigator, <i>Diabetes Length of Stay Reduction Project</i> , United Hospital Fund of New York |
| 1992 – 1994 | Site Principal Investigator, <i>Diabetes and Metabolism Unit Project</i> , Fan Fox Leslie R. Samuels Foundation |

RESEARCH-RELATED ACTIVITIES:

| | |
|---------------|--|
| 2023 | Grant reviewer, Health Research Council of New Zealand |
| 2015- present | Series Editor, “Contemporary endocrinology”, Springer, Inc. Köhler TS and McVary KT, Editors, “Contemporary treatment of erectile dysfunction: A clinical guide”, 2 nd ed, 2016, Springer, Inc. ISBN-10: 3319315854. Pacak K and Taïeb D, Editors, “Diagnostic and therapeutic nuclear medicine for neuroendocrine tumors”, 2017, Springer, Inc. DOI 10.1007/978-3-319-46038-3. Winters SJ and Huhtaniemi IT, Editors, “Male hypogonadism: Basic, clinical and therapeutic principles”, 2 nd ed, 2017, Springer, Inc. DOI 10.1007/978-3-319-53298-1. Liao EP, Editor, “Extraskeletal effects of vitamin D,” 2018, Springer, Inc. |

DOI 10.1007/978-3-319-73742-3.

Levine AC, Editor, "Adrenal disorders: Physiology, pathophysiology and treatment," 2018, Springer, Inc. DOI10.1007/978-3-319-62470-9.

Gharib H, Editor, "Thyroid nodules: Diagnosis and management," 2018, Springer, Inc., DOI 10.1007/978-3-319-59474-3.

Freemark MS, Editor, "Pediatric Obesity: Etiology, pathogenesis and treatment," 2018, Springer, Inc., DOI 10.1007/978-3-319-68192-4.

Lansberg L, Editor, "Pheochromocytomas, paragangliomas and disorders of the sympathoadrenal system," 2018, Springer, Inc., DOI 10.1007/978-3-319-77048-2.

DeLeon-Crutchlow DD and Stanley CA, Editors, "Congenital hyperinsulinism: A practical guide to diagnosis and management," 2019, Springer, Inc., DOI 10.1007/978-3-030-02961-6.

Kohn B, Editor, "Pituitary disorders of childhood: Diagnosis and Clinical Management," 2019, Springer, Inc., DOI 10.1007/978-3-030-11339-1.

Poretsky L and Hembree WC, Editors, "Transgender medicine: A multidisciplinary approach," 2019, Springer, Inc., DOI 10.1007/978-3-030-05683-4.

Tritos NA, Klibanski A, Editors, "Prolactin Disorders: From Basic Science to Clinical Management." 2019, Springer, Inc., ISBN 978-3-030-11835-8.

Hackney AC, Constantini N (Eds). "Endocrinology of Physical Activity and Sport." Humana Press, 2020, ISBN 978-3-030-33375-1.

Leder BZ, Wein MN (Eds). "Osteoporosis: Pathophysiology and Clinical Management." Humana Press, 2020, ISBN 978-3-319-69286-9.

Zeitler PS, Nadeau KJ (Eds). "Insulin Resistance: Childhood Precursors of Adult Disease." Humana Press, 2020, ISBN 978-3-030-25055-3.

Loriaux L, Vanek C, Editors, "Endocrine Emergencies: Recognition and Treatment." 2021, Springer, Inc., ISBN 978-3-030-67454-0.

Tamborlane W, Editor, "Diabetes in Children and Adolescents: A Guide to Diagnosis and Management." Humana Press, 2021, ISBN 978-3-030-64132-0.

Uwaifo GI, Editor, "The Human Hypothalamus: Anatomy, Dysfunction and Disease Management." Humana Press, 2021, DOI 10.1007/978-3-030-62187-2.

Donovan Walker M, Editor, "Hypercalcemia: Clinical Diagnosis and Management." Humana Press, 2022, DOI 10.1007/978-3-030-93182-7.

Blevins Jr LS, Aghi MK, Editors, "Acromegaly: A Guide to Diagnosis and Treatment." Springer Cham, 2022, DOI 10.1007/978-3-031-16258-9.

Chung PH, Rosenwaks Z, Editors, "Problem-Focused Reproductive Endocrinology and Infertility." Springer Cham, 2023, <https://doi.org/10.1007/978-3-031-19443-6>.

Avtanski DB, Poretsky L, Editors, "Obesity, Diabetes and Inflammation: Molecular Mechanisms and Clinical Management." Springer Cham, 2023, <https://doi.org/10.1007/978-3-031-39721-9>.

Myers AK, Editor, "Diabetes and COVID-19: Considerations and Clinical Management." Springer Cham, 2023, <https://doi.org/10.1007/978-3-031-28536-3>.

Schulman-Rosenbaum RC, Editor, "Diabetes Management in Hospitalized Patients: A Comprehensive Clinical Guide." Springer Cham, 2024, <https://doi.org/10.1007/978-3-031-44648-1>.

Avtanski DB, Editor, "Adipose Tissue." Springer Cham, 2024, <https://doi.org/10.1007/978-3-031-72570-8>.

Fishman SL, Editor, "Advances in Diabetes Technology." Springer Cham, 2024, <https://doi.org/10.1007/978-3-031-75352-7>.

- 1997 – present Reviewer of Grants, Endocrine Fellows' Foundation
- 1987 - present Reviewer of manuscripts at various time periods:
Journal of Clinical Endocrinology and Metabolism
Metabolism
Transplantation
Obesity Research
Fertility & Sterility
Endocrine Practice
- 2014 Guest Editor, *Endocrine Clinics of North America*, special issues,
"Complications of diabetes" and "Diabetes and its associated conditions".
- 2010 – 2014 Editorial Board, *International Scholarly Research Network Endocrinology*
Editorial Board, *World Journal of Diabetes*
- 2008 - 2018 Editorial Board, *Journal of Diabetes*
- 2008 – 2012 Editorial Board, *Journal of Clinical Endocrinology and Metabolism*
- 1997 – 2008 Advisory Boards:
National Diabetes Education Initiative (Parke-Davis)
National Endocrinology Consultants Initiative (Bayer)
Women's Health Initiative (Parke-Davis)
Rosiglitazone Advisory Board (Smith-Kline/Beecham)
Basal Insulin Advisory Board (Hoechst-Marion-Roussel)
National ACTOS Advisory Board (Lilly/Takeda)
Diabetes Consultant Panel Member (Aventis)

| | |
|-------------|---|
| 1996 – 2006 | Board of Directors, Metropolitan Diabetes Society New York, New York |
| 1994 | Reviewer of Grants, International Science Foundation |
| 1992 | Member, Specialized Population Research Center site visit team, University of California, San Diego, NICHD, NIH |
| 1992 | Reviewer of grants, Medical Research Council, United Kingdom |
| 1991 | Member, Cooperative Specialized Infertility Center Program Panel, NICHD, NIH |
| 1987 | Member, Special Review Committee Reproductive Disorders of Women National Institute of Child Health and Human Development (NICHD) |

SELECTED INVITED LECTURES AND PANELS:

11th International Symposium on Immunology of Reproduction of the International Coordination Committee for Immunology of Reproduction. Topic: Insulin and peroxisome proliferators-activated receptor- γ signaling in the human ovary: Basic mechanism and clinical implications. Varna, Bulgaria, June 2-4, 2006. Presented by Donna Seto-Young, Ph.D.

International Symposium on PCOS in Harbin China, August, 2006. Topic: Insulin and peroxisome proliferators-activated receptor- γ signaling in the human ovary: Basic mechanism and clinical implications. Presented by Donna Seto-Young, Ph.D.

Global Health Care Conference. Topic: Diabetes. New York, May 22-24, 2007.

Session Chair, “Androgenic disorders in women,” the 89th Annual Meeting of the Endocrine Society, Toronto, Canada, June 2-5, 2007.

Guest Expert, “1st World Congress on Interventional Therapies for Type 2 Diabetes,” New York, New York, September 15-16, 2008.

Visiting Professor, “Combined Adult-Pediatric Endocrine Grand Rounds,” Mattel Children Hospital at UCLA, David Geffen School of Medicine at UCLA, California, September 24, 2008

Guest Speaker, “Shanghai International Medical Development Forum on Family Medicine 2012,” Shanghai, China, May 10-11, 2012.

Distinguished International Faculty, “8th International Symposia on Diabetes 2013”, Delhi, Kolkata, Chennai, Mumbai, India, January 18-26, 2013.

Invited Lecturer, American Association of Clinical Endocrinologists (AACE) Philippines Chapter, Cebu, Philippines, August 1-3, 2013.

Invited Lecturer, Tokyo Medical and Dental University, Tokyo, Japan, December 10, 2013.

Invited Lecturer, Department of Medicine Grand Rounds at Mount Sinai Medical Center, “PCOS Update 2014”, New York, January 7, 2014.

Invited Lecturer, Combined MKSCC/Cornell Endocrine Grand Rounds, “Insulin and the ovary: Update 2014”, New York, January 8, 2014.

Invited Lecturer, 4th International Congress of Gynaecology and Obstetrics 2016. Topic: Insulin and the Ovary: Update 2016. Barcelona, Spain, May 28-30, 2016.

Session Chair, “Polycystic ovary syndrome,” 4th International Congress of Gynaecology and Obstetrics 2016, Barcelona, Spain, May 28-30, 2016.

Invited Lecturer, “Pathway to wellness: Men’s health panel and health fair,” The United Nations, New York, NY, August 29, 2017.

Invited Speaker, “Health and Society Roundtable” Human Rights Conference for Pride, SUNY Global Center, New York, NY, June 14, 2018.

Invited Lecturer, “Advances in Specialty Care”, multidisciplinary symposium, Bermuda (U.K.), September 15, 2018.

Panel Leader/Moderator, “Transgender Care Expert Panel,” LGBT Community Center, New York, NY, May 30, 2019.

Presenter, “Lenox Hill Greenwich Village Friedman Transgender Program Presentation,” Lenox Hill Greenwich Village Hospital, June 4, 2019.

Moderator, “Transgender Care Expert Panel,” 2019 Heritage of Pride Human Rights Conference -New York Law School in Tribeca, New York, NY, June 25, 2019.

Panel Leader/Moderator, “Transgender Care and Society,” The United Nations, New York, NY, June 28, 2019.

Presenter, “Polycystic Ovary Syndrome – Clinical Manifestations, Pathogenesis, and Implications for Gender Identity”, Working Group on Gender, NYS Psychiatric Institute, and Department of Psychiatry Columbia University Vagelos College of Physicians & Surgeons, New York, NY, January 17, 2020.

Guest Speaker, “Emerging Diabetes Technologies, National Conference,” UBS Investment Bank, New York, NY, February 21, 2020.

Organizer/Moderator, “The Effects of Gender-Affirming Hormone Therapy on Cardiovascular and Skeletal Health in Transgender Individuals: Review of the Literature,” Working Group on Gender, NYS Psychiatric Institute, and Department of Psychiatry, Columbia University Vagelos College of Physicians & Surgeons, New York, NY, September 25, 2020.

Organizer/Moderator, “First Annual Friedman Transgender Care Conference at Lenox Hill/Northwell Health,” Lenox Hill Hospital, New York, NY, October 30, 2020.

Moderator, “Health Track,” 2021 Heritage of Pride Annual Human Rights Conference (Virtual) – New York, NY, June 21-23, 2021.

Lecturer, “Progestogens in Transgender Care,” 2021 Philadelphia Trans Wellness Conference (Virtual), Philadelphia, PA, July 22-24, 2021.

Moderator, “Resident Research Workshops and Fair”, Lenox Hill Hospital, New York, NY, September 30, 2021.

Lecturer, “Insulin Receptor Disorders: Understanding Insulin Resistance through Experiments of Nature”, LHH Department of Medicine Grand Rounds (Virtual) – New York, NY, October 1, 2021.

Lecturer, “Insulin Receptor Disorders: Understanding Insulin Resistance Through Experiments of Nature” (Virtual), Phelps and Northern Westchester Hospital Grand Rounds/Northwell Health, New York, NY, February 25, 2022.

Planner, “Resident Research Workshops and Fair”, Lenox Hill Hospital, New York, NY, December 7, 2022.

Lecturer, “Insulin Receptor Disorders: Understanding Insulin Resistance through Experiments of Nature”, Northern Westchester Hospital Grand Rounds/Northwell health, New York, NY, December 3, 2024.

PROFESSIONAL SOCIETIES:

| | |
|------|--|
| 1985 | American Diabetes Association |
| 1987 | International Diabetes Federation |
| | American Association for the Advancement of Science |
| 1988 | The Endocrine Society |
| 1994 | American Association of Clinical Endocrinologists |
| 1996 | Metropolitan Diabetes Society, founding Board member |

BEST DOCTORS LISTINGS:

New York Magazine
The New York Times Magazine
U.S. News and World Report
Castle Connolly Medical Limited

RECENT HONORS AND AWARDS:

| | |
|---------------|--|
| April 2, 2018 | <i>2018 Rosie Award</i> for advancing diversity; Amas Musical Theatre 49th Season Benefit Event |
| 2019 - 2023 | Lenox Hill Hospital was ranked in top 50 nationally for Diabetes & Endocrinology – US News and World Report. |
| 2023 | Top 5% publication citations by Doximity. |

ORIGINAL PEER-REVIEWED PUBLICATIONS:

1. **Poretsky L.** Some peculiarities of diabetes mellitus in young obese patients. In V. Menschikoff and V. Spesivtseva, Eds., Problems of Diabetology, Moscow, 50-51 1977.
2. **Poretsky L,** Smith D, Seibel M, Pazianos A, Moses AC, Flier JS. Specific Insulin binding sites in human ovary. J Clin Endocrinol Metab 59:809-811, 1984.
3. **Poretsky L.** Moses A. Hypoglycemia associated with Trimethoprim/Sulfamethoxazole therapy. Diabetes Care 7:508-509, 1984.
4. **Poretsky L,** Grigorescu F, Moses AC, Flier JS. Distribution and characterization of the insulin and IGF-1 receptors in the human ovary. J Clin Endocrinol Metab 61:728-734, 1985.
5. **Poretsky L,** Leibowitz IH, Friedman SA. The diagnosis of myocardial infarction by computer derived protocol in a municipal hospital. Angiology 36:165-170, 1985.
6. **Poretsky L,** Garber J, Kleefield J. Primary amenorrhea and pseudoprolactinoma in a patient with primary hypothyroidism: reversal of clinical, biochemical and radiologic abnormalities with levothyroxine. Am J Med 81:180-182, 1986.
7. Pepper GM, **Poretsky L,** Gabrilove JL, Aritone MM. Ketoconazole reverses hyperandrogenism in a patient with insulin resistance and acanthosis nigricans. J Clin Endocrinol Metab 65:1047-1052, 1987.
8. Gates GS, Bayer S, Seibel M, **Poretsky L,** Flier JS, Moses AC. Characterization of insulin-like growth factor I binding to human granulosa cells obtained during in vitro fertilization. J Receptor Research 7:885-902, 1987.
9. Kalin M, **Poretsky L,** Seres D, Zumoff B. Hyporeninemic hypoaldosteronism associated with Acquired Immune Deficiency Syndrome. American J Med 82:1035-1038, 1987.
10. **Poretsky L,** Bhargava G, Kalin M. Regulation of the insulin receptors in the human ovary (In vitro studies). J Clin Endocrinol Metab 67:772-778, 1988.
11. **Poretsky L,** Lesvescue L, Smith D, Seibel M, Pazianos A, Hurd JK, Aretz HT, Flier JS. Hyperandrogenism in a patient with a granulosa cell tumor and polycystic ovarian disease: characteristics of in vitro steroidogenesis. The Journal Reproductive Med 33:377-381, 1988.
12. **Poretsky L,** Glover B, Laumas V, Kalin M, Dunaif A. The effects of experimental hyperinsulinemia on steroid secretion, ovarian 125-I-insulin binding and ovarian 125-I-insulin-like growth factor I binding in the rat. Endocrinology 122:581-585, 1988.
13. Singer F, Horlick M, **Poretsky L.** Recovery of beta - cell function postpartum in a patient with insulin-dependent diabetes mellitus. New York State Journal of Medicine 9:496-498, 1988.
14. Bhargava G, **Poretsky L,** Denman H, Jandorek R, Miller LK. Hormonally active long-term culture of human ovarian cells: initial characterization. Metabolism 38:195-196, 1989.

15. Singer F, Bhargava G, **Poretsky L**. Persistent insulin resistance after normalization of androgen levels in a woman with congenital adrenal hyperplasia. *Journal Reproductive Medicine* 34:921-922, 1989.
16. **Poretsky L**, Bhargava G, Levitan E. Type I insulin-like growth factor receptors in human ovarian stroma. *Hormone Research* 33:22-26, 1990.
17. **Poretsky L**, Bhargava G, Saketos M, Dunaif A. Regulation of human ovarian insulin receptors in-vivo. *Metabolism* 39:161-166, 1990.
18. Zumoff B, Miller L, **Poretsky L**, Levit C, Miller E, Heinz U, Denman H, Jandorek R, Rosenfeld R. Subnormal follicular-phase serum progesterone levels and elevated follicular-phase serum estradiol levels in young women with insulin dependent diabetes. *Steroids* 55:560-564, 1990.
19. Novick D, Joseph H, Croxson S, Salsitz E, Wang G, Richman B, **Poretsky L**, Keefe J, Whimbey E. Absence of antibody to human immunodeficiency virus in long-term, socially rehabilitated methadone maintenance patients. *Arch Int Med* 150:97-99, 1990.
20. Battan R, Mariuz P, Raviglione MD, Sabatini MT, Mullen MP, **Poretsky L**. Pneumocystitis carinii infection of the thyroid in a hypothyroid patient with AIDS: Diagnosis by fine needle aspiration biopsy. *J Clin Endocrinology Metab* 72:724-726, 1991.
21. **Poretsky L**, Clemons J, Bogovich K. Hyperinsulinemia and human chorionic gonadotropin synergistically promote the growth of ovarian follicular cysts in rats. *Metabolism* 41:903-910, 1992.
22. Gochu J, Piper B, Montana J, Park HS, **Poretsky L**. Lymphoma of the thyroid mimicking thyroiditis in a patient with the Acquired Immune Deficiency Syndrome. *J Endocrinol Invest* 17:279-282, 1994.
23. Sorbara LR, Tang Z, Cama A, Xia J, Schenker E, Kohanski RA, **Poretsky L**, Koller E, Taylor SI, Dunaif A. Absence of insulin receptor gene mutations in three insulin-resistant women with polycystic ovary syndrome. *Metabolism* 43:1568-74, 1994.
24. Ramaprasad S, **Poretsky L**. Life-threatening hyponatemia due to the syndrome of inappropriate secretion of antidiuretic hormone (SIADH) in a patient with Miller Fisher Syndrome. *Endocrine Practice* 1:64-66, 1995.
25. Rubio SI, Naha KK, **Poretsky L**. Coexistence of diabetes and phosphofructokinase deficiency. *Endocrine Practice* 2:100-102, 1996.
26. **Poretsky L**, Chandrasekher YA, Giudice LC, Bai C, H-L Liu, Rosenwaks Z. Insulin receptor mediates inhibitory effect of insulin, but not of insulin-like growth factor (IGF)-I, on IGF binding protein 1 (IGFBP-1) production in human granulosa cells. *J Clin Endocrinol Metab* 81:493-496, 1996.
27. **Poretsky L**, Chun B, Liu HC, Rosenwaks Z. Insulin-like growth factor II (IGF-II) inhibits insulin-like growth factor binding protein I (IGFBP-1) production in luteinized human granulosa cells with a potency similar to insulin-like growth factor I (IGF-I) and higher than insulin. *J Clin Endocrinol Metab* 81:3412-3414, 1996.
28. Rubio SI, Sauer-Plewinski T, Sabatini M, **Poretsky L**. Kikuchi's disease associated with Hashimoto's thyroiditis. *J Endocrinol Invest* 19: 136-137, 1996.

29. Stolarczyk R, Laufer I, **Poretsky L**. Absence of acanthosis nigricans in a patient with the Type B syndrome of insulin resistance and preexisting diabetes. *Diabetes Care* 19:885-886, 1996.
30. Koproski J, Pretto Z, **Poretsky L**. Effects of an intervention by a diabetes team in hospitalized patients with diabetes. *Diabetes Care* 20:1553-1555, 1997.
31. Stolyarczyk R, Rubio S, Smolyar D, Young I, **Poretsky L**. 24 hr urinary free cortisol in patients with acquired immune deficiency syndrome. *Metabolism* 47:690-694, 1998.
32. **Poretsky L**, Pretto Z, Koproski J., Length of stay on a diabetes cluster unit. *Endocrine Practice* 5:66-68, 1999.
33. Bogovich K, Clemons J, **Poretsky L**. Insulin has a biphasic effect on the ability of human chorionic gonadotropin to induce ovarian cysts in the rat. *Metabolism* 48: 995-1002, 1999.
34. Ferrando SJ, Rabkin JG, **Poretsky L**. Dehydroepiandrosterone sulfate (DHEAS) and testosterone: Relation to HIV illness stage and progression over one year. *Journal of Acquired Immune Deficiency Syndromes and Human Retrovirology* 22:146-154, 1999.
35. Damario M, Bogovich K, Liu HC, Rosenwaks Z, **Poretsky L**. Synergistic effects of IGF-I and human chorionic gonadotropin in the rat ovary. *Metabolism* 49:314-320, 2000.
36. Aronoff S, Rosenblatt S, Braithwaite S, Egan JW, Mathisen AL, Schneider RL, The **Pioglitazone 001 Study Group**. Pioglitazone hydrochloride monotherapy improves glycemic control in the treatment of patients with type 2 diabetes. *Diabetes Care* 23:1605-1611, 2000.
37. **Poretsky L**, Lesser M, Brillon D. Lack of postprandial leptin peaks in patients with type 2 diabetes Mellitus *Diabetes, Obesity and Metabolism* 3:105-111, 2001.
38. **Poretsky L**, Seto-Young D, Shrestha A, Dhillon S, Mirjany M, Liu, H-C, Yih M, Rosenwaks Z. Phosphatidyl-inositol-3 (PI-3)-kinase-independent insulin action pathway(s) in the human ovary. *J Clin Endocrinol Metab* 86:3115-3119, 2001.
39. Tolentino M, Ferenczi A, Ronen L, **Poretsky L**. Combination of gemfibrozil and orlistat in the treatment of combined hyperlipidemia with predominant hypertriglyceridemia. *Endocrine Practice* 8:3, 208-212, 2002.
40. Smolyar D, Landman R, **Poretsky L**, Young I. Comparison of 1 μ g and 250 μ g ACTH stimulation tests for the evaluation of adrenal function in patients with AIDS. *Metabolism* 52:647-651, 2003.
41. Seto-Young D, Zajac J, Liu HC, Rosenwaks Z, **Poretsky L**. The role of mitogen-activated protein kinase in insulin and insulin-like growth factor I (IGF-1) signaling cascades for progesterone and IGF-binding protein-1 production in human granulosa cell. *J Clin Endocrinol Metab* 88:3385-3391, 2003.
42. Zinman B, Kahn SE, Haffner SM, O'Neill MC, Heise MA, Freed MI, **ADOPT Study Group**. Phenotypic characteristics of GAD antibody-positive recently diagnosed patients with type 2 diabetes in North America and Europe. *Diabetes* 53:3193-3200, 2004.
43. Salehi M, Houlden H, Sheikh A, **Poretsky L**. The diagnosis of adrenal insufficiency in a patient with Allgrove syndrome and a novel mutation in the ALADIN gene. *Metabolism* 54:200-205, 2005.

44. Seto-Young D, Paliou M, Schlosser J, Avtanski D, Park A, Patel P, Holcomb K, Chang P, **Poretsky L**. Thiazolidinedione action in the human ovary: direct effects on steroidogenesis and insulin-like growth factor binding protein-1 (IGFBP-1) production. *J Clin Endocrinol Metab* 90:6099-6105, 2005.
45. Seto-Young D, Leonardi O, Park A, Holcomb K, Salehi M, Chang P, Yih M, Rosenwaks Z, **Poretsky L**. Hormonally active non-transformed human ovarian cell culture from oophorectomy specimens: methods of development and initial characterization. *Hormone Research* 64:238-247, 2005.
46. **Poretsky L**, Brillon DJ, Ferrando S, Chiu J, McElhiney M, Ferenczi A, Sison CP, Haller I, Rabkin J. Endocrine effects of oral dehydroepiandrosterone (DHEA) in men with HIV infection: A prospective randomized double-blind placebo-controlled trial. *Metabolism* 55:858-870, 2006.
47. Brillon DJ, Sison CP, Salbe AD, **Poretsky L**. Reproducibility of a glycemic response to mixed meals in type 2 diabetes mellitus. *Hormone and Metabolic Research* 38:536-542, 2006.
48. Kahn SE, Zinman B, Haffner SM, O'Neill MC, Heise MA, Kravitz BG, **ADOPT Study Group**. Obesity is a major determinant of the association of c-reactive protein levels and the metabolic syndrome in type 2 diabetes. *Diabetes* 55:2357-2364, 2006.
49. Kahn SE, Haffner SM, Heise MA, Herman WH, Holman RR, **ADOPT Study Group**. Glycemic durability of rosiglitazone, metformin, or glyburide monotherapy. *NEJM* 355:2427-2443, 2006.
50. Seto-Young D, Avtanski D, Strizhevsky M, Parikh G, Patel P, Kaplun J, Holcomb K, Rosenwaks Z, **Poretsky L**. Interactions among peroxisome proliferator activated receptor- γ , insulin signaling pathways, and steroidogenic acute regulatory protein in human ovarian cells. *J Clin Endocrinol Metab* 92:2232-2239, 2007.
51. Martinez R, **Poretsky L**. Case study. *Insulin* 2:144-145, 2007.
52. Martinez R, **Poretsky L**. Case study response. *Insulin* 2:190-191, 2007
53. Gurevich Y, **Poretsky L**. Possible prevention of hungry bone syndrome by preoperative use of pamidronate. *Otolaryngology-Head and Neck Surgery*, 138:403-404, 2008.
54. Kahn SE, Zinman B, Lachin JM, Haffner SM, Herman WH, Holman RR, Kravitz BG, Yu D, Heise MA, Aftring RP, Viberti G, **ADOPT Study Group**. Rosiglitazone-associated fractures in type 2 diabetes: an analysis from a diabetes outcome progression trial (ADOPT). *Diabetes Care* 31:845-851, 2008.
55. **Poretsky L**, Song L, Brillon DJ, Ferrando S, Chiu J, McElhiney M, Ferenczi A, Sison C, Haller I, Rabkin J. Metabolic and hormonal effects of oral DHEA in premenopausal women with HIV infection. *Hormone and Metabolic Research* 41:244-249, 2009.
56. Kahn SE, Haffner SM, Viberty G, Herman WH, Lachin JM, Kravitz BG, Yu D, Paul, G, Holman RR, Zinman B, **ADOPT Study Group**. Rosiglitazone decreases C-Reactive protein to a greater extent relative to glyburide and metformin over 4 years despite greater weight gain. *Diabetes Care* 33:177-183, 2010.
57. Zinman B, Haffner SM, Herman WH, Holman RR, Lachin JM, Kravitz, BG, Paul G, Jones NP, Aftring RP, Viberti G, Kahn SE, **ADOPT Study Group**. Effect of rosiglitazone, metformin, and glyburide on bone biomarkers in patients with type 2 diabetes. *J Clin Endocrinol Metab* 95:134-142, 2010.

58. Homel PD, Kahn SE, Jones NP, Noronha D, Beck-Nielsen H, Viberti G; **ADOPT Study Group**; RECORD Steering Committee. Experience of malignancies with oral glucose lowering drugs in the randomized controlled ADOPT (A Diabetes Outcome Progression Trial) and RECORD (Rosiglitazone Evaluated for Cardiovascular Outcomes and Regulation of Glycaemia in Diabetes) clinical trials. *Diabetologia* 53:1838-1845, 2010.
59. Patel P, **Poretsky L**, Liao E. Lack of effect of subtherapeutic vitamin D treatment on glycemic and lipid parameters in Type 2 diabetes: A pilot Prospective randomized trial. *J Diabetes* 2:36-40, 2010.
60. Parikh G, Varadinova M, Suwandhi P, Araki T, Rosenwaks Z, **Poretsky L**, Seto-Young D. Vitamin D regulates steroidogenesis and insulin-like growth factor binding protein-1 (IGFBP-1) production in human ovarian cells. *Horm Metab Res* 42:754-757, 2010.
61. Seto-Young D, Avtanski D, Parikh G, Suwandhi P, Strizhevsky M, Araki T, Rosenwaks Z, **Poretsky L**. Rosiglitazone and pioglitazone inhibit estrogen synthesis in human granulosa cells by interfering with androgen binding to aromatase. *Horm Metab Res* 43:250-256, 2011.
62. Seto-Young D, Avtanski D, Varadinova M, Park A, Suwandhi P, Parikh G, **Poretsky L**. Differential roles of MAPK-Erk1/2 and MAPK-p38 in insulin or insulin-like growth factor-I (IGF-I) signaling pathways for progesterone production in human ovarian cells. *Horm Metab Res* 43: 386-390, 2011.
63. Abelev Z, Seth A, Patel R, Goldstein S, Bogun M, Paliou M, Schlosser J, Homel P, Busta A, Seto-Young D, Tranbaugh R, **Poretsky L**. Continuous Insulin Infusion (CII) is associated with a reduced post-surgical length of stay (LOS), but not the complication rate, in patients with diabetes mellitus (DM) undergoing Coronary Artery Bypass Graft (CABG). *J Endocr Invest*, 34:770-774, 2011.
64. Araki T, Varadinova M, Goldman M, Rosenwaks Z, **Poretsky L**, Seto-Young D. Rosiglitazone and pioglitazone alter aromatase kinetic properties in human granulosa cells. *PPAR Research*. doi:10.1155/2011/926438, 2011.
65. Seth A, Sy V, Pareek A, Suwandhi P, Rosenwaks Z, **Poretsky L**, Seto-Young D. Thiazolidinediones (TZDs) affect osteoblast viability and biomarkers independently of the TZD effects on aromatase. *Horm Metab Res* 45: 1-8, 2013.
66. Kim SJ, Sy V, Araki T, Babushkin N, Huang D, Tan D, Liao E, Liu G, Wan S, **Poretsky L**, Seto-Young D. Total adiponectin, but not inflammatory markers CRP, TNF- α , IL-6 and MCP-1, correlates with increasing glucose intolerance in pregnant Chinese-Americans. *J Diabetes* 6:360-368, 2014.
67. Pittas AG, Dawson-Hughes B, Sheehan P, Rosen C, Ware JH, Knowler WC, Staten M, **The D2d Research Group**. Rationale and design of the vitamin D and type 2 diabetes (D2d) Study: A diabetes prevention study. *Diabetes Care*. 37:3227-3234, 2014.
68. Yubero-Serrano EM, Woodward M, **Poretsky L**, Vlassara H, Striker GE, AGE-Less Study Group. Effects of sevelamer carbonate on advanced glycation endproducts and anti-oxidant/pro-oxidant status in patients with diabetes kidney disease. *Clinical Journal Am Society Nephrology*, 10(5): 59-66, 2015.
69. Avtanski D, Hirth Y, Babushkin N, Sy V, Sharma D, **Poretsky L**, Seto-Young D. In Vitro effects of pioglitazone on the expression of components of Wnt signaling pathway and markers of bone mineralization. *Horm Metab Res* 48:468-475, 2016.

70. **Poretsky L**, Islam J, Avtanski D, Lin YK, Shen YL, Hirth Y, Lesser M, Rosenwaks Z, Seto-Young D. Reproductive effects of irisin: Initial in vitro studies. *Reprod Biol*, 17(3):285-288, 2017.
71. Seto-Young D, Avtanski D, Kim SJ, Sy V, Liao EP, Liu G, Wan S, Lesser M, **Poretsky L**. Insulin-like growth factor (IGF)-I, IGF-binding protein (IGFBP)-1, and fibroblast growth factor (FGF) 21 serum levels in Chinese women with and without gestational diabetes. *Clin Obstet Gynecol Reprod Med*, 3(5):1-4, 2017.
72. Sonmez H, Kambo V, Avtanski D, Lutsky L, **Poretsky L**. The readmission rates in patients with and without diabetes mellitus at an urban teaching hospital. *J Diabetes Complications* 31 (12), 1681-1685, 2017.
73. Taylor JE, Fishman SL, Morris M, Krymskaya M, Goldman R, **Poretsky L**. A case of hyperthyroidism in a patient using nutritional supplement "Survival Shield". *Endocrine Practice*, DOI:10.4158/ACCR-2018-0086, 2018.
74. Avtanski D, Garcia A, Caraballo B, Thangeswaran P, Marin S, Bianco J, Lavi A, **Poretsky L**. Resistin induces breast cancer cells epithelial to mesenchymal transition (EMT) and stemness through both adenylyl cyclase-associated protein 1 (CAP1)-dependent and CAP1-independent mechanisms. *Cytokine* 120: 155-164, 2019.
75. Pittas, AG, Dawson-Hughes B, Sheehan P, Ware JH, Knowler WC, Aroda VR, Brodsky I, Ceglia L, Chhavi C, Chatterjee R, Desouza C, Dolor R, Foreyt J, Fuss P, Ghazi A, Hsia DS, Johnson KC, Kashyap SR, Kim S, LeBlanc ER, Lewis MR, Liao E, Neff LM, Nelwon J, O'Neil P, Park J, Peters A, Phillips LS, Pratley R, Raskin P, Rasouli N, Robbins D, Rosen C, Vickery EM, Staten M, et al., for the **D2d Research Group***. Vitamin D Supplementation and Prevention of Type 2 Diabetes. *NEJM*, 381:520-530, 2019. DOI: 10.1056/NEJMoa1900906.
76. Avtanski D, Chen K, **Poretsky L**. Resistin and adenylyl cyclase-associated protein1 (CAP1) regulate the expression of genes related to insulin resistance in BNL CL.2 mouse liver cells. *Data in Brief* 25:104112, 2019.
77. Avtanski D, Garcia A, Caraballo B, Thangeswaran P, Marin S, Bianco J, Lavi A, **Poretsky L**. In vitro effects of resistin on epithelial to mesenchymal transition (EMT) in MCF-7 and MDA-MB-231 breast cancer cells e qRT-PCR and Western blot analyses data. *Data in Brief*, Volume 25: 104118, 2019.
78. Chen K, Satlof L, Kothapalli U, Ziluck N, Lema M, **Poretsky L**, Avtanski D 2019 Basal cytokine secretion in human breast cancer cells and non-carcinogenic breast epithelial cells – 41-cytokine MILLIPLEX assay data. *Mendeley Data*, V1, DOI: 10.17632/tvt8zm37w5.2, <http://dx.doi.org/10.17632/tvt8zm37w5.2>.
79. Avtanski D, Pavlov VA, Tracey KJ, **Poretsky L**. Characterization of inflammation and insulin resistance in high-fat diet-induced male C57BL/6J mouse model of obesity. *Animal Model Exp Med*. 2019; 00:1-7. <https://doi.org/10.1002/ame2.12084>.
80. Chen K, Satlof L, Kothapalli U, Ziluck N, Lema M, **Poretsky L**, Avtanski D. Cytokine secretion in breast cancer cells – MILLIPLEX assay data. *Data in Brief*, <https://doi.org/10.1016/j.dib.2019.104798> Volume 28, February 2020.
81. Basman C, Fishman SL, Avtanski D, Rashid U, Kodra A, Chen K, Jonas R, Stoffels GJ, Lesser M, Inlall D, Ziskovich K, Singh VP, **Poretsky L**. Glycosylated hemoglobin, but not advanced glycation end

- products, predicts severity of coronary artery disease in patients with or without diabetes. *Metabolism Open* 7, 2020. <https://doi.org/10.1016/j.metop.2020.100050>.
82. Bhalodkar A, Sonmez H, Lesser M, Leung T, Ziskovich K, Inlall D, Krymskaya M, **Poretsky L**. The effects of a comprehensive multidisciplinary outpatient diabetes program on hospital readmission rates in patients with diabetes: A randomized controlled prospective study. *Endocrine Practice* 26: 1331-1336, 2020.
83. Murray-Bachmann R, Leung TM, Myers A, Murthi, Sarbanes M, Ziskovich K, **Poretsky L**. Reliability of continuous glucose monitoring system in the inpatient setting. *Journal of Clinical & Translational Endocrinology*, DOI: 10.1016/j.jcte.2021.100262, 2021.
84. Zarghamravanbakhsh P, **Poretsky L**. Coexisting thyroiditis and carditis in a patient with Lyme disease: Looking for a unifying diagnosis. *American Association of Clinical Endocrinologists (AACE) Clinical Case Reports*, <https://doi.org/10.1016/j.aace.2022.02.003>, 2022.
85. Stojchevski R, Singer T, Ziskovich K, **Poretsky L**, Avtanski D. In vitro treatment of human granulosa cells with irisin and leptin: Quantitative RT-PCR array data (female infertility panel). *Data in Brief*, 107782, 2022.
86. Palandira SP, Falvey A, Avtanski DB, Stojchevski R, Zeng Q, Poretsky L, Tracey KJ, Pavlov VA. Optogenetic stimulation of cholinergic neuronal endings in the celiac-superior mesenteric ganglion complex suppresses inflammation in murine endotoxemia. *The Journal Federation of American Societies for Experimental Biology (FASEB)*, <https://doi.org/10.1096/fasebj.2022.36.S1.R4472>, 2022.
87. **Poretsky L**, Yeshua A, Cantor T, Avtanski D, Stojchevski R, Ziskovich K, Singer T. The effects of irisin and leptin on steroidogenic enzyme gene expression in human granulosa cells: In vitro studies. *Metabolism Open*. <https://doi.org/10.1016/j.metop.2023.100230>, 2023.
88. Medina Mora LA, Ahmed S, Sanchez Ruiz AM, **Poretsky L**. Hyperglycemic DKA in a patient with type 2 diabetes mellitus on monotherapy with SGLT-2 inhibitor. *Journal of Clinical and Translational Endocrinology: Case Reports* 32:10016, <https://doi.org/10.1016/j.jecr.2024.100166>, 2024
89. Stojchevski R, Velichkovikj S, Bogdanov J, Hadzi-Petrushev N, Mladenov M, **Poretsky L**, Avtanski D. Monocarbonyl analogs of Curcumin C66 and B2BrBC modulate oxidative stress, JNK activity, and pancreatic gene expression in rats with streptozotocin-induced diabetes. *Biochemical Pharmacology*, 229:116491, <https://doi.org/10.1016/j.bcp.2024.116491>, 2024
90. Stojchevski R, Velichkovikj S, Bogdanov J, Hadzi-Petrushev N, Mladenov M, **Poretsky L**, Avtanski D. Impact of monocarbonyl analogs of curcumin (MACs) C66 and B2BrBC on the expression of diabetes-associated genes in streptozotocin-treated rat pancreatic RIN-m cells—Quantitative RT-PCR array data. *Data in Brief*, Volume 57, ISSN 2352-3409, <https://doi.org/10.1016/j.dib.2024.110952>, 2024.
91. Medina LA, Ahmed S, Sanchez Ruiz AM, Poretsky L. Hyperglycemic DKA in a patient with type 2 diabetes mellitus on monotherapy with SGLT-2 inhibitor. *Journal of Clinical and Translational Endocrinology: Case Reports*, Volume 32, 2024, 100166, ISSN 2214-6245, <https://doi.org/10.1016/j.jecr.2024.100166>.

92. Zinn J, **Poretsky L**. Skeletal Muscle Mass and Body Weight Fall Proportionally with Use of Dual GLP-1/GIP Receptor Agonist Tirzepatide: Case Report and Review of Literature. AACE Clinical Case Reports, <https://doi.org/10.1016/j.aace.2024.12.001>.

REVIEW ARTICLES, BOOK CHAPTERS and EDITORIALS:

1. Flier JS, **Poretsky L**. Insulin allergy and insulin resistance. In Fauci AS, Lichtenstein LM, Eds., Current Therapy in Allergy, Immunology and Rheumatology, 1985-1986. Publishers: B.C. Decker and C.V. Mosby P. 136-140, 1985.
2. **Poretsky L**, Kalin M. The gonadotropic function of insulin. Endocrine Reviews 8:132-141, 1987.
3. **Poretsky L**, Kalin M. Diabetes and ovarian dysfunction: what is the connection? The Female Patient 13:112-132, 1988.
4. **Poretsky L**. Insulin receptor - a potential target for pharmacological agents. Drug News and Perspectives 2:6, 325-328, 1989.
5. **Poretsky L**, Maran A, Zumoff B. Endocrinological and metabolic manifestations of AIDS. Mount Sinai Journal of Medicine 57:236-241, 1990.
6. **Poretsky L**. On the paradox of insulin-induced hyperandrogenism in insulin resistant states. Endocrine Reviews 12:3-13, 1991. Reprinted in The Endocrine Pancreas, Insulin Action and Diabetes. A Negro-Vilar and L.E. Underwood, Eds. Endocrine Review Monographs, Endocrine Society Press, Bethesda, MD 2:115-124, 1994.
7. **Poretsky L**. Role of insulin resistance in the pathogenesis of the polycystic ovaries syndrome. In: Ovarian Endocrinopathies. R. Schats, J. Schoemaker, Eds; Parthenon Publishing, London, 169-177, 1994.
8. **Poretsky L**. Insulin resistance and hyperandrogenism: Update 1994. In The Endocrine Pancreas, Insulin Action and Diabetes: A. Negro-Vilar and L.E. Underwood, Eds. Endocrine Reviews Monograph; Endocrine Society Press, Bethesda, MD, 2:125-129, 1994.
9. **Poretsky L**, Piper B. Dual defect hypothesis of the polycystic ovaries syndrome. Obstetrics and Gynecology 84:613-621, 1994.
10. **Poretsky L**, Can S, Zumoff B. Testicular dysfunction in human immunodeficiency virus infected men. Metabolism, Vol 44, 7:946-953, 1995.
11. Koproski J, Pretto Z, **Poretsky L**. Hospital management of patients with diabetes in post-DCCT era. Practical Diabetology 14:2-7, 1995.
12. **Poretsky L**, Pastor C. Physician reviewers and conflict of interest, Editorial. The Endocrinologist: 5:85-86, 1995.
13. **Poretsky L**, Cataldo N, Rosenwaks Z, Guidice L. Insulin-related ovarian regulatory system in health and disease. Endocrine Reviews 20:535-582, 1999.

14. **Poretsky L.** Polycystic ovary syndrome (book review). *J Clin Endocrinol Metab* 86: 2402,2001.
15. Bloomgarden Z, Futterweit W, **Poretsky L.** Use of insulin sensitizing agents in patients with polycystic ovary syndrome. *Endocrine Practice* 7:279-286, 2001.
16. Tolentino M, Zweig, SB, **Poretsky L.** Polycystic ovarian syndrome. In: "Principles of Diabetes Mellitus", pp 701-721, L. Poretsky, Ed. Kluwer Academic Publishing, Boston, MA, 2002.
17. Zajac J, Shrestha A, **Poretsky L.** The main events in the history of diabetes mellitus. In: "Principles of Diabetes Mellitus", pp 19-37, L. Poretsky, Ed. Kluwer Academic Publishing, Boston, MA, 2002.
18. Salehi M, Bravo-Vera R, Sheikh A, Gouller A, **Poretsky L.** Obesity in polycystic ovary syndrome: Two diseases or one? *Turkish Journal of Endocrinology and Metabolism* 4:149-157, 2003.
19. Salehi M, Bravo-Vera R, Sheikh A, Gouller A, **Poretsky L.** Pathogenesis of polycystic ovary syndrome: What is the role of obesity? *Metabolism* 53:358-376, 2004.
20. Liao EP, **Poretsky L.** Polycystic ovary syndrome and its metabolic complications. In "Obesity and Diabetes", pp 255-276. C. Mantzoros, Ed., Humana Press, Totowa, NJ, 2006.
21. **Poretsky L.** Polycystic ovary syndrome: Increased or preserved ovarian sensitivity to insulin? *J Clin Endocrinol Metab* 91:2859-2860, 2006.
22. Levine P, Kaplun J, Shavelson D, **Poretsky L.** The pre-Charcot foot: A new clinical entity to prevent Charcot joint disease. *Practical Diabetology* 25:24- 28, 2006.
23. Alfonso B, Liao EP, Busta A, **Poretsky L.** The role of vitamin D in diabetes mellitus—a new field of knowledge poised for D-velopment. *Diabetes/Metabolism Research and Reviews* 25:417-419, 2009.
24. Zweig, SB, Tolentino MC, Strizhevsky M, **Poretsky L.** Polycystic ovary syndrome. In: "Principles of Diabetes Mellitus", pp 515-530, 2nd edition, L. Poretsky, Ed. Springer, New York, 2010.
25. Zajac J, Shrestha A, Patel P, **Poretsky L.** The main events in the history of diabetes mellitus. In: "Principles of Diabetes Mellitus", pp 3-16, 2nd edition, L. Poretsky, Ed. Springer, New York, 2010.
26. Brass BJ, Abelev Z, Liao EP, **Poretsky L.** Endocrine Pancreas. In: "Principles of Diabetes Mellitus", pp 37-55, 2nd edition, L. Poretsky, Ed. Springer, New York, 2010.
27. **Poretsky L.** Preface II. In: "Principles of Diabetes Mellitus", 2nd edition, L. Poretsky, Ed. Springer, New York, 2010.
28. Romero CM, Liao EP, Zumoff B, **Poretsky L.** Dehydroepiandrosterone (DHEA) in Human Immunodeficiency Virus Infection: Prognostic and Therapeutic Aspects. In: "DHEA in Human Health and Aging", pp 195-205. R. Watson, Ed., CRC Press, Boca Raton, FL, 2011.
29. Araki T, Abdallah R, Rosenwaks Z, **Poretsky L.** Achieving a successful pregnancy in women with PCOS. *Endocrinology and Metabolism Clinics of North America*, 40:865-894, 2011.

30. Alfonso B, **Poretsky L**, Busta A. Role of Vitamin D in the pathogenesis and therapy of type 1 diabetes mellitus. In: "Type 1 Diabetes/Book 3", CP Liu, Ed., InTech Open Access Publisher, Rijeka, Croatia, 2011.
31. **Poretsky L**. "Stop the sovietization of American medicine," Op/Ed, Forbes.com, July 3, 2012.
32. **Poretsky L**. Looking beyond overnutrition for causes of epidemic metabolic disease. Proceedings of the National Academy of Sciences of the United States of America. 39:15537-15538, 2012.
33. **Poretsky L**. The sovietization of American medicine: Notes from the front lines. Journal of American Physicians and Surgeons, 18(2), 2:50-54, 2013.
34. Liao E, **Poretsky L**. Why focus on complications? Endocrinology and Metabolism Clinics of North America, 42:657-1014, 2013.
35. Nandi A, **Poretsky L**. Diabetes and the female reproductive system. Endocrinology and Metabolism Clinics of North America, 42:915-946, 2013.
36. Liao E, Busta A, Pareek A, **Poretsky L**. New approach to preventing and treating diabetes mellitus: Focus on advanced glycation end products (AGE). In: "Frontiers in clinical drug research-diabetes and obesity", Atta-Ur-Rahman, FRS, Ed., pp 33-36, Bentham Science, The Netherlands, 2014.
37. Liao EP, **Poretsky L**. Associated conditions: Why are they important? Endocrinology and Metabolism Clinics of North America, 43:1, xvii-xviii, 2014.
38. Nandi A, Chen Z, Patel R, **Poretsky L**. Polycystic ovary syndrome. Endocrinology and Metabolism Clinics of North America, 43:1, 123-147, 2014.
39. Nandi A, Sinha N, Ong W, Sonmez E, **Poretsky L**. Is there a role for Vitamin D in human reproduction? Horm Mol Biol Clin Invest, 25(1):15-28, 2016.
40. Sonmez H, Kambo V, Taha R, **Poretsky L**. Reducing hospital readmissions in patients with diabetes: Developing better strategies. Endocr Pract, 22:9, 1134-1136, 2016. DOI: 10.4158/EP161315.CO.
41. Goldman R, Zajac J, Shrestha A, Patel P, **Poretsky L**. The main events in the history of diabetes mellitus. In: "Principles of Diabetes Mellitus", pp 3-19, 3rd edition, L. Poretsky, Ed. Springer, New York, 2017.
42. Liao EP, **Poretsky L**. Endocrine Pancreas. In: "Principles of Diabetes Mellitus", pp 43-55, 3rd edition, L. Poretsky, Ed. Springer, New York, 2017.
43. Sood M, Zweig S, Tolentino M, Strizhevsky M, **Poretsky L**. Polycystic ovary syndrome. In: "Principles of Diabetes Mellitus", pp 659-677, 3rd edition, L. Poretsky, Ed. Springer, New York, 2017.
44. Fishman SL, Sonmez H, Singh V, Avtanski D, Nandi A, Mabagos G, **Poretsky L**. "Advanced Glycation End-Products and coronary artery disease in patients with and without diabetes: A review." Molecular Medicine, 24:59, 2018. DOI: 10.1186/s10020-018-0060-3.

45. Avtanski D, **Poretsky L**. Phyto-polyphenols as potential inhibitors of breast cancer metastasis. *Molecular Medicine*. *Molecular Medicine* 24(1):29-45, 2018.
46. Colon D, Goldstein S, **Poretsky L**. Resources for transgender individuals: Transgender organizations and services. In: “Transgender medicine – A multidisciplinary approach”, pp 377-462, L. Poretsky and W. Hembree editors, Springer, New York, 2019.
47. Fishman SL, Paliou M, **Poretsky L**, Hembree W. Endocrine care of transgender adults. In: “Transgender medicine – A multidisciplinary approach”, pp 143-163, L. Poretsky and W. Hembree editors, Springer, New York, 2019.
48. Liu M, Murthi S, **Poretsky L**. Polycystic ovary syndrome—Implications for gender identity. *Yale Journal of Biology and Medicine* 93(4): 529–537, 2020. PMID: 33005117. PMCID: PMC7513432.
49. Basman C, Fishman SL, Singh V, **Poretsky L**. The association of coronary artery disease and advanced glycation end-products. *Interventional Cardiology*, 13, S5:120-124, 2021.
50. Zarghamravanbakhsh P, Frenkel M, **Poretsky L**. Metabolic causes and consequences of nonalcoholic fatty liver disease (NAFLD). *Metabolism Open*, 12, 100149, 2021.
DOI: <https://doi.org/10.1016/j.metop.2021.100149>
51. Swe NC, Ahmed S, Eid M, **Poretsky L**, Gianos E, Cusano NE. The effects of gender-affirming hormonal therapy on cardiovascular and skeletal health: A literature review. *Metabolism Open*. 13:199173, 2022. DOI: 10.1016/j.metop.2022.100173.
52. Zweifler, R., Medina, L., Sanchez, J., Liao, E., Kuriloff, D., **Poretsky, L**. Recognizing the Impact of Ethnicity: Thyroid Neoplasia in Hispanic Americans. *Endocrine Practice*. DOI: 10.1016/j.eprac.2023.08.008, 2023.
53. Tapia N, Hanau J, Shliozberg J, Poretsky L. Inflammation: Pathogenesis and biological markers. In: Obesity, diabetes and inflammation: Molecular mechanisms and clinical management. D. Avtanski and L. Poretsky editors. Springer, New York, 2023. ISBN: 3031397207.

BOOKS:

1. Principles of diabetes mellitus, 1st edition. **L. Poretsky**, editor. Kluwer Academic Publishing, Boston, MA, 2002.
2. Principles of diabetes mellitus, 2nd edition. **L. Poretsky**, editor. Springer, New York, 2010.
3. Concise guide to diabetes. **L. Poretsky**, editor. Springer, New York, 2012.
4. Principles of diabetes mellitus, 3rd edition. **L. Poretsky**, editor. Springer, New York, 2017.
5. Transgender medicine-A multidisciplinary approach, 1st edition. **L. Poretsky** and W. Hembree editors. Springer, New York, 2019.

6. Obesity, Diabetes and Inflammation: Molecular Mechanisms and Clinical Management, 1st edition. D. Avtanski and **L. Poretsky** editors. Springer, ISBN: 3031397207, New York, 2023.

PRESENTATIONS AT NATIONAL AND INTERNATIONAL MEETINGS:

1. **Poretsky L**, Smith D, Seibel M, Moses AC, Flier JS. Specific insulin receptors in the human ovary: possible mediators of hyperandrogenism in insulin resistant states. Proceedings of the 23rd Scientific Meeting on the Mass. Affiliate American Diabetes Association, Boston, Mass., 1984 p. 16.
2. **Poretsky L**, Grigorescu F, Flier JS. Insulin but not IGF-I receptors are widely distributed in the human ovaries. Presented at the 67th Annual Meeting of the American Endocrine Society, A814, p. 204, 1985.
3. Seibel MM, **Poretsky L**, Grigorescu F, Moses AC, Flier JS. The distribution of insulin receptors in the human ovary. Presented at the 41st Annual Meeting of the American Fertility Society, A76, p.42, 1985.
4. Kalin M, **Poretsky L**, Seres D, Zumoff B. Hyporeninemic hypoaldosteronism associated with acquired immune deficiency syndrome. Presented at the 68th Annual Meeting of the American Endocrine Society, A 680, p.201, 1986.
5. Kalin M. **Poretsky L**, Seers D, Zumoff B. Hyporeninemic hypoaldosteronism associated with acquired immune deficiency syndrome. Presented at the 68th annual meeting of the American College of Physicians, A26 April 2-5, 1987.
6. Singer F, Horlick M, **Poretsky L**. Recovery of Beta-Cell Function Postpartum in an Insulin Dependent Diabetic. Materials of the 47th Annual Meeting of the American Diabetes Association, A823 June 7-9, 1987.
7. **Poretsky L**, Glover B, Laumas V, Kalin M, Dunaif A. Regulation of ovarian insulin *receptor*, IGF-1 receptors, and aromatase activity by experimental hyperinsulinemia in vivo Clinical Research. 35:401A, 1987.
8. **Poretsky L**, Bhargava G, Kalin MF, Wolf S, Jimenes GJS, Solis OG. In vitro regulation of Insulin receptors in the human ovary. A686 70th Annual Meeting of the Endocrine Society; New Orleans, 1988.
9. Singer F, **Poretsky L**. Insulin Resistance persists after normalization of androgens in congenital adrenal hyperplasia. 48th Annual Meeting of the American Diabetes Association, A579, New Orleans, June 11-14, 1988.
10. **Poretsky L**, Bhargava G, Kalin MF, Wolf S, Jimenes GJS, Solis OG. In vitro regulation of insulin receptors in the human ovary. 13th International Diabetes Federation Congress, **Sydney, Australia, A002-015, 1988.**
11. **Poretsky L**, Bhargava G, Saketos M, Dunaif A. Regulation of human ovarian insulin receptors in-vivo. Presented at the 71st Annual Meeting of the Endocrine Society, Seattle WA, A894, 1989.

12. **Poretsky L**, Clemons J, Bogovich K. Effects of hyperinsulinemia on the induction of rat ovarian follicular cysts by human chorionic gonadotropin. 73rd Annual Meeting of the Endocrine Society, Washington DC, A354, 1991.
13. Koproski J, Pretto Z, **Poretsky L**. The effect of the Diabetic Unit and the Diabetes Team on the length of stay of patients with diabetes in the hospital. Presented at the 54th Annual American Diabetes Association Meeting, New Orleans, LA, A97, 1994.
14. Chandrasekher YA, Giudice LC, Bai C, Liu H-L, Rosenwaks Z, **Poretsky L**. Insulin and insulin-like growth factor I (IGF-I) inhibit IGF binding protein I (IGFBP-I) production by human granulosa-luteal cells (hGCs). American Fertility Society Meeting, p.159, 1994.
15. **Poretsky L**. Insulin resistance and the polycystic ovary syndrome. Straub Pacific Health Foundation Symposium, Honolulu, HI, November 3-4, 1994.
16. Koproski J, Pretto Z, **Poretsky L**. The effects of diabetes initiative in an acute care setting. Greater New York Hospital Foundation, Inc. And United Hospital Fund of New York, 1994 Annual Symposium on Health Services Research, New York, NY, November, 1994.
18. **Poretsky L**, Chandrasekher YA, Bai C, Liu HC, Rosenwaks Z, Siddle K, Giudice L. Insulin and IGF-I inhibit IGF binding protein I (IGFBP-I) production in human granulosa cells via their respective receptors. The Endocrine Society Meeting, Washington, DC, P3-219, 1995.
19. Koproski J, Pretto Z, **Poretsky L**. Effects of the multidisciplinary approach to patients with diabetes mellitus in an acute care teaching hospital. American Diabetes Association Meeting, President's poster session, Atlanta, GA, A596, 1995.
19. Clark C. R., Kim E., Chandrasekher Y.A., Martina N.A, **Poretsky L**, Giudice L.D. Two distinct isoforms of IGFBP-1 are found in luteinized granulosa cell conditioned media from IVF patients. 10th International Congress of Endocrinology, San Francisco, CA, P3-394, 1996.
20. Bogovich K., Clemons, **Poretsky L**. The effects of increasing doses of human chorionic gonadotropin and insulin on ovarian morphology and plasma sex steroid concentrations in the rat. 10th International Congress of Endocrinology, San Francisco, CA, P3-317, 1996.
21. Chun B., Liu H.C., Rosenwaks Z., **Poretsky L**. Insulin-like growth factor II (IGF-II) inhibits insulin-like growth factor binding protein II (IGFBP-I) production in human granulosa cells (HGC) with the potency similar to IGF-I and higher than insulin. 10th International Congress of Endocrinology, San Francisco, CA, P2-256, 1996.
22. Damario M., Bogovich , Liu H.C, Mandel L, Rosenwaks Z , **Poretsky L**. Evidence that insulin-like growth factor I (IGF-I) acts synergistically with human chorionic gonadotropin (hCG) for the induction of large ovarian cysts in the rat. 10th International Congress of Endocrinology, San Francisco, CA, P1-303, 1996.
23. Bogovich K , Wheeler B, Russell R , Rosenwaks Z, **Poretsky L**. Induction of ovarian cysts in the Zucker rat. The Endocrine Society Meeting, Minneapolis, MN P-389, 1997.
24. Stolarczyk R, Rubio S, Young I, **Poretsky L**. 24 hr urinary free cortisol levels and plasma cortisol responses to ACTH in AIDS. The Endocrine Society Meeting, Minneapolis, MN, P-309, 1997.

25. Yahampath N, Patel R, Rao R, Farkouh T, Salbe A, **Poretsky L**. Glycemic index of a mixed meal (GIMM) in NIDDM. 57th Annual Meeting of the American Diabetes Association, A-1107, P289A, Boston MA, 1997.
26. Manzoor A, Lee E, Brillon D, Salbe A, **Poretsky L**. Glycemic index of a mixed meal (GIMM) in type 2DM. 58th Annual meeting of the American Diabetes Association, 0327, PA-84, Chicago, 1998.
27. **Poretsky L**, Brillon D. Circulating leptin levels do not change postprandially in patients with type 2 diabetes mellitus (DM) who are not on insulin therapy. 80th Annual Meeting of the Endocrine Society P3-389, P466, New Orleans 1998.
29. Smolyar D, Landman R, **Poretsky L**, Young I. Comparison of 1 μ g ACTH stimulation tests for the evaluation of adrenal function in patients with AIDS. 80th Annual Meeting of the Endocrine Society, P2-389, P332, New Orleans, 1998.
30. Bogovich K, Bissada M, Reid WP, Wheeler BB, Rosenwaks Z, **Poretsky L**. Differences in ovarian responses of lean and obese adult Zucker rats to prolonged stimulation by ubovulatory doses of human chorionic gonadotropin (hCG): potential effect of hyperinsulinemia on the growth of ovarian cysts. 81st Annual Endocrine Society Meeting, OR11-2 San Diego, 1999.
31. **Poretsky L**, Anderson R, Kyner J and Merten J. Incidence of hypoglycemia (fingerstick blood glucose <50 mg/dL) with metformin/glyburide. Abstract 494. 60th Annual Meeting of American Diabetes Association, San Antonio, Texas, June 9-13th, 2000.
32. **Poretsky L**, Mooradian A, Buse J, Kyner J and Henry D. Effect of metformin/glyburide tablets on lactic acid in patients with type 2 diabetes. Abstract 1523. 60th Annual Meeting of American Diabetes Association, San Antonio, Texas, June 9-13th, 2000.
33. **Poretsky L**, Dhillon S, Yih M, Liu HC, and Rosenwaks Z. Evidence for a PI-3 kinase independent insulin action pathway in the ovary, Abstract #564, 82nd Annual Endocrine Society Meeting, Toronto, Canada, June 21-24, 2000.
34. Tolentino M, **Poretsky L**. Combination of Gemfibrozil and Orlistat in the treatment of severe hypertriglyceridemia in a non-diabetic, non-obese male. Annual Meeting, American Association of Clinical Endocrinologists, Abstract #65, San Antonio, Texas, May 2-6, 2001.
35. Zajac J, Fleckman A, **Poretsky L**. Mitral and tricuspid regurgitation with mitral valve prolapse and congestive heart failure complicating Graves' disease. Annual Meeting of the American Association of Clinical Endocrinologists, Abstract #49, San Antonio, Texas, May 2-6, 2001.
36. **Poretsky L**, Seto-Young D, Shrestha A, Liu H-C, Yih M, Rosenwaks Z. Human granulosa cells (HGC) possess PI-3 kinase-independent insulin action pathway(s) which regulate progesterone and IGFBP-1 production, Abstract #P2-392, 83rd Annual Meeting of the Endocrine Society, Denver, Colorado, June 2-24, 2001.
37. Zajac J, Branovan D, Suslina I, **Poretsky L**. Prevalence of anti-thyro-peroxidase Antibodies (anti-TPO-Ab) in subjects exposed in childhood to Chernobyl fallout. Poster accepted for Annual Meeting of American Association of Clinical Endocrinologists, Chicago, IL, May 1-5, 2002.

38. Zajac J, Salehi M, Bloomgarden B, Cohen R, Tranbaugh R, **Poretsky L**. Glycemic control and the length of stay after coronary artery bypass grafting (CABG). 62nd Annual Meeting of American Diabetes Association, 704-P, San Francisco, CA, June 14-18, 2002.
39. Salehi M, Gouller A, **Poretsky L**. Acute leukopenia as manifestation of severe thyrotoxicosis in a patient with Graves' disease. Poster # P3-650, Endocrine Society 84th Annual Meeting, San Francisco, CA, June 19-22, 2002.
40. Seto-Young D, Zajac J, Liu HC, Rosenwaks Z, **Poretsky L**. Mitogen activated protein kinase (MAP-kinase) independent effect of insulin in human granulosa cells. 84th Annual Meeting of the Endocrine Society, P2-452, San Francisco, CA, June 19-22, 2002.
41. Zweig S, Rabkin J, Ferrando S, Brillon D, **Poretsky L**. Endocrine effects of oral DHEA administration. 84th Annual Meeting of the Endocrine Society, P1-399, San Francisco, CA, June 19-22, 2002.
42. Bravo-Vera R, **Poretsky L**, Fleckman A. Primary hyperparathyroidism and nonmedullary thyroid cancer. 12th Annual Meeting and Clinical Congress of the American Association of Clinical Endocrinologists, Abstract 49, San Diego, CA, May 14-18, 2003.
43. Salehi M, **Poretsky L**. Challenging diagnosis of adrenocorticotropin insensitivity in a patient with Allgrove's syndrome, 12th Annual Meeting and Clinical Congress of the American Association of Clinical Endocrinologists, Abstract #62, San Diego, CA, May 14-18, 2003.
44. Ferenczi A, Sheikh A, **Poretsky L**, Fleckman A. Misleading elevations of urinary free cortisol measurements in the diagnostic evaluation of Cushing's Syndrome. 12th Annual Meeting and Clinical Congress of the American Association of Clinical Endocrinologists, Abstract #48, San Diego, CA, May 14-18, 2003.
45. Salehi M, Paparsenos A, Ferenczi A, Vecchio J, Thakur S, Cohen B, Tranbaugh R, Lesser M, Busta A, **Poretsky L**. The impact of glycemic control on the length of stay (LOS) after coronary artery bypass grafting surgery (CABG). Abstract #2048-PO, American Diabetes Association 63rd Scientific Session, New Orleans, LA, June 13-17, 2003.
46. Seto-Young D, Salehi M, Chidakel A, Zajac J, Yih M, Chang P, **Poretsky L**. Initial characterization of a short-term human ovarian cell culture. 85th Annual Meeting of the Endocrine Society, P1-692, Philadelphia, PA, June 19-22, 2003.
47. Seto-Young D, Zajac J, Salehi M, Kaplun J, Feldman D, Hung-Ching L, Rosenwaks Z, **Poretsky L**. The role of mitogen activated protein kinase in insulin and IGF-1 signaling cascades for progesterone and IGFBP-1 production in human granulosa cells. 85th Annual Meeting of the Endocrine Society, P3-33, Philadelphia, PA, June 19-22, 2003.
48. Ferenczi A, Chiu J, Sison C, Ferrando SJ, Brillon D, Rabkin JG, **Poretsky L**. Metabolic and hormonal effects of oral DHEA in HIV+ men. 85th Annual Meeting of the Endocrine Society, P3-615, Philadelphia, PA, June 19-22, 2003.
49. Paliou M, Liao E, Schlosser J, **Poretsky L**. Metformin-associated lactic acidosis. 13th Annual Meeting and Clinical Congress of the American Association of Clinical Endocrinologists, Abstract #37, Boston, MA, April 28-May 2, 2004.

50. Sheikh A, Schlosser J, Bravo-Vera R, Narasimhan G, **Poretsky L.** Falsely low hemoglobin A_{1c} levels in a patient with diabetes mellitus, hepatitis C and HIV infection. Abstract #2405-PO, American Diabetes Association 64th Annual Meeting, Orlando, FL, June 4-8, 2004.
51. Seto-Young D, Leonardi O, Holcomb K, Kaplun J, Omry G, Park A, Levy E, Salehi M, Bravo-Vera R, Sheikh A, Chang P, **Poretsky L.** Characterization of a non-transformed human ovarian cell culture: Regulation of steroidogenesis by gonadotropins and insulin. 86th Annual Meeting of the Endocrine Society, P1-250, New Orleans, LA, June 16-19, 2004.
52. Paliou M, Schlosser J, Abelev Z, Paparsenos A, Seto-Young D, Salehi M, Busta A, **Poretsky L.** Impact of intravenous insulin infusion (III) on length of stay (LOS) and post-operative complications in 438 patients with diabetes (DM) undergoing coronary artery bypass graft (CABG). 86th Annual Meeting of the Endocrine Society, P1-332, New Orleans, LA, June 16-19, 2004.
53. Park A, **Poretsky L.**, Holcomb K, Chang P, Seto-Young D. Effects of rosiglitazone on human ovarian steroidogenesis and IGFBP-1 production in vitro. 52nd Annual Meeting Society for Gynecologic Investigation, Abstract #16, Los Angeles, CA, March 2005.
54. Kaplun J, Liu L, **Poretsky L.** Erythrocytosis as a presenting feature of acromegaly. 14th Annual Meeting and Clinical Congress of the American Association of Clinical Endocrinologists, Abstract #742, Washington, DC, May 18-22, 2005.
55. Paliou M, Schlosser J, **Poretsky L.** Situs inversus total is associated with SR~~1~~ gene translocation to AM chromosome in a 46 male. 14th Annual Meeting and Clinical Congress of the American Association of Clinical Endocrinologists, Abstract #777, Washington, DC, May 18-22, 2005.
56. Liu L, Kaplun J, Paliou M, Schlosser J, **Poretsky L.** Falsely low HgbA1c in patients with diabetes mellitus and HIV infection. 87th Annual Meeting of the Endocrine Society, P3-418, San Diego, CA, June 4-7, 2005.
57. Seto-Young D, Paliou M, Schlosser J, Patel P, Park A, Avtanski D, Latif W, Babar N, Yeshou D, Omry G, Holcomb K, **Poretsky L.** Peroxisome proliferator activated receptor- γ (PPAR- γ) in human ovarian cells: Its role in regulation of steroidogenesis and IGFBP-1 production. 87th Annual Meeting of the Endocrine Society, P3-564, San Diego, CA, June 4-7, 2005.
58. Paliou M, Schlosser J, Kaplun J, Sison C, Ferrando SJ, Brillon DJ, Rabkin JG, **Poretsky L.** Metabolic and hormonal effects of oral DHEA in premenopausal women with HIV infection. 87th Annual Meeting of the Endocrine Society, P3-567, San Diego, CA, June 4-7, 2005.
59. Saliby A, Brass B, Seto-Young D, Tranbaugh R, **Poretsky L.** The effects of glucose-insulin-potassium (GIK) infusion on the outcomes of coronary artery bypass graft. Abstract #2157-PO, American Diabetes Association 65th Annual Meeting, San Diego, CA, June 10-14, 2005.
60. Paliou M, Schlosser J, Abelev Z, Salehi M, Paparsenos A, Busta A, Lesser M, **Poretsky L.** Impact of glycemic control with intravenous insulin infusion (III) or subcutaneous insulin (SCI) on post-operative complications in diabetic patients undergoing coronary artery bypass graft (CABG). Abstract #2569-PO, American Diabetes Association 65th Annual Meeting, San Diego, CA, June 10-14, 2005.

61. Song L, Hering BJ, **Poretsky L**. Clinical course of a patient with islet cell transplant. 15th Annual Meeting and Clinical Congress of the American Association of Clinical Endocrinologists, Abstract #319, Chicago, IL, April 26-30, 2006.
62. Seto-Young D, Avtanski D, **Poretsky L**. Insulin and peroxisome proliferators- activated receptor- γ signaling in the human ovary: Basic mechanism and clinical implications. 11th International Symposium on Immunology of Reproduction of the International Coordination Committee for Immunology of Reproduction, Varna, Bulgaria, June 2-4, 2006.
63. Avtanski D, Kaplun J, Strizhevsky M, Park A, Patel P, Kantor Y, Brown MK, Dhillon S, Moosavy A, Pang X, Akhtar MJ, Goldman M, Yeshou D, Holcomb K, Rosenwaks Z, Seto-Young D, **Poretsky L**. Interactions among PPAR- γ , insulin signaling pathways and aromatase in human ovarian cells. 88th Annual Meeting of the Endocrine Society, P1-397, Boston, MA, June 24-27, 2006.
64. Avtanski D, Park A, Kaplun J, Strizhevsky M, Kantor Y, Holcomb K, **Poretsky L**, Seto-Young D. Effects of mitogen-activated protein kinase (MAPK) inhibition on progesterone and insulin-like growth factor binding protein-1 (IGFBP-1) production in human ovarian cells. 88th Annual Meeting of the Endocrine Society, P1-409, Boston, MA, June 24-27, 2006.
65. Patel P, Seto-Young D, **Poretsky L**, Liao EP. Effects of vitamin D supplementation in type 2 diabetes mellitus. 88th Annual Meeting of the Endocrine Society, P2-506, Boston, MA, June 24-27, 2006.
66. Saliby AH, Stachel MW, Santos EM, Seto-Young D, Zonzsein J, Tranbaugh R, **Poretsky L**. The effect of glucose-insulin-potassium infusion and rosiglitazone on the clinical outcome and the circulating levels of free fatty acids in patients undergoing coronary artery bypass grafting. 88th Annual Meeting of the Endocrine Society, P3-659, Boston, MA, June 24-27, 2006.
67. Gurevich Y, **Poretsky L**. Can pamidronate prevent hungry bone syndrome after parathyroidectomy? 16th Annual Meeting and Clinical Congress of the American Association of Clinical Endocrinologists, Abstract #393, Seattle, WA, April 11-15, 2007.
68. Avtanski DB, Strizhevsky M, Parikh G, Araki T, Rosen O, Demetri C, Goldman M, Cadaq S, Rosenwaks Z, **Poretsky L**, Seto-Young D. The effect of thiazolidinediones on estrogen production in human granulosa cells. 89th Annual Meeting of the Endocrine Society, P1-317, Toronto, Canada, June 2-5, 2007.
69. Song L, Seto-Young D, Liu L, **Poretsky L**. Lack of consistent effect of insulin-like growth factor I (IGF-1) on plasminogen activator inhibitor type 1 (PAI-1) production in cultured human aortic endothelial cells (HAEC). 89th Annual Meeting of the Endocrine Society, P3-389, Toronto, Canada, June 2-5, 2007.
70. Martinez RE, **Poretsky L**, Lam A, Krymskaya M, Burke G. Diabetes education for the deaf: unexplored territory. 16th Annual Meeting and Clinical Congress of the American Association of Clinical Endocrinologists, Abstract #272, Seattle, WA, April 11-15, 2007.
71. Bernstein G, **Poretsky L**, Lam A, Krymskaya M, DeJesus J, Doyle R, Burke G, Towe M, Worthington B. Culturally Compentent Diabetes Education Program for Deaf Patients. 34th Annual Meeting of the American Association of Diabetes Educators, Abstract CQ01, St. Louis, MO, August 1-4, 2007.

72. Avtanski DB, Parikh G, Strizhevsky M, Feng Y, Pareek A, Singh J, Singh N, Polskaya M, Rosenwaks Z, Seto-Young D, **Poretsky L**. Thiazolidinediones inhibit estrogen synthesis by interfering with androgen binding to aromatase. 90th Annual Meeting of the Endocrine Society Meeting, Abstract P2-44, San Francisco, CA, June 15-18, 2008.
73. Parikh G, Chlamtac N, Rosenwaks Z, **Poretsky L**, Seto-Young D. Vitamin D receptor (VDR) is expressed in human ovarian cells, likely mediating the effects of Vitamin D on testosterone (T) and progesterone (P) production. 90th Annual Meeting of the Endocrine Society Meeting, Abstract P2-468, San Francisco, CA, June 15-18, 2008.
74. **Poretsky L**, DeJesus J, Lam A, Krymskaya M, Mantha K, Burke G. The effects of diabetes self-management education on HbA1C in deaf patients. 68th Scientific Sessions of the American Diabetes Association, Abstract 861-P, San Francisco, CA, June 6-10, 2008.
75. Abelev Z, Seth A, Patel RR, Goldstein S, Bogun MM, Homel P, Busta A, **Poretsky L**. Intravenous insulin infusion (III), 24 hr postoperative capillary blood glucose (CBG) and patient age affect post-surgical length of stay (LOS) and complications in patients with diabetes mellitus (DM) undergoing coronary artery bypass graft (CABG). 69th Scientific Sessions of the American Diabetes Association, Abstract 692-P, New Orleans, LA, June 5-9, 2009.
76. Cadag S, Krymskaya M, DeJesus J, Srivastava A, Craig W, Register J, Levine R, Morrow N, **Poretsky L**. The effects of a diabetes education program on clinical outcomes in patients with diabetes. 69th Scientific Sessions of the American Diabetes Association, Abstract 911-P, New Orleans, LA, June 5-9, 2009.
77. Araki T, Goldman M, Varadinova M, Joshi P, Chaanine A, Seth A, Feng Y, Rosenwaks Z, **Poretsky L**, Seto-Young D. The effects of thiazolidinediones (TZD) on aromatase enzyme kinetics in human granulosa cells. 91st Annual Meeting of the Endocrine Society, Abstract P3-268, Washington, DC, June 10-13, 2009.
78. Cadag S, Krymskaya M, DeJesus J, Srivastava A, Craig W, Register J, Levine R, Morrow N, **Poretsky L**. The effects of a diabetes education program on clinical outcomes in patients with diabetes. 36th Annual Meeting of the American Association of Diabetes Educators, Abstract 153019, Atlanta Georgia, August 5-8, 2009.
79. Seth AK, Gajzer DC, Suwandhi P, Feng Y, Kato S, Romero C, Patel R, Rosenwaks Z, **Poretsky L**, Seto-Young D. Thiazolidinediones (TZDs) Inhibit Bone Turnover. 92nd Annual Meeting of the Endocrine Society, Abstract P2-184, San Diego, CA, June 19-22, 2010.
80. Cadag S, Patel R, Kahan J, Liao EP, **Poretsky L**. Latent autoimmune diabetes in adults (LADA) with high titers of GAD 65 antibodies but lack of long-term insulin dependence. 92nd Annual Meeting of the Endocrine Society, Abstract P3-560, San Diego, CA, June 19-22, 2010.
81. Parikh G, Mantha-Thaler K, Ayinikal A, Pandya S, Joshi P, Homel P, **Poretsky L**. Action for Diabetes Education Program and Treatment (ADEPT): An outreach program for South Asian patients with diabetes. 70th Scientific Sessions of the American Diabetes Association, Abstract 1032-P, Orlando, FL, June 25-29, 2010.

82. DeJesus J, Krymskaya M, Towe M, **Poretsky L**. Diabetes self-management education for the deaf population. 70th Scientific Sessions of the American Diabetes Association, Abstract 1039-P, Orlando, FL, June 25-29, 2010.
83. Alfonso B, Medvedovsky B, Rapoport D, Araki T, Dubrow A, **Poretsky L**. Use of hemodialysis in a patient with hyperosmolar hyperglycemic state and rhabdomyolysis – case report and literature review. 93rd Annual Meeting of the Endocrine Society. Abstract PI-560, Boston, MA, June 4-7, 2011.
84. Suwandhi P, Pareek A, Sy V, Seth A, Kim SY, Branis N, Seto-Young D, **Poretsky L**. Effect of Thiazolidinediones on Osteoblast Biomarkers. 93rd Annual Meeting of the Endocrine Society. Abstract PI-189, Boston, MA, June 4-7, 2011.
85. DeJesus J, Krymskaya M, **Poretsky L**. Diabetes Prevention and Management in Hispanic/Latino Population: The Friedman Diabetes Institute (FDI) Model. Annual Meeting of the American Diabetes Association, Abstract 2153-PO, San Diego, CA, June 24-28, 2011.
86. Kim SY, Sy V, Araki T, Huang D, Khurana A, Tan D, Liao E, Liu G, Wan S, **Poretsky L**, Seto-Young D. The role of adiponectin in the pathogenesis of gestational diabetes (GDM) in Chinese Americans. Shanghai International Medical Development Forum on Family Medicine 2012, Shanghai, China, May 10-11, 2012.
87. Sy V, Kim SY, Araki T, Huang D, Khurana A, Tan D, Liao E, Liu G, Wan S, **Poretsky L**, Seto-Young D. Decreased total and high molecular weight adiponectin are associated with gestational diabetes in Chinese Americans. 72nd Annual Meeting of the American Diabetes Association, Abstract 2539-PO, Philadelphia, PA, June 8-12, 2012.
88. Sy V, Kim SY, Araki T, Huang D, Khurana A, Tan D, Liao E, Liu G, Wan S, **Poretsky L**, Seto-Young D. Total adiponectin, but not TNF- α , IL-6 or MCP-1, correlates with the increasing glucose intolerance in pregnant Chinese-American women. 94th Annual Meeting of the Endocrine Society. Abstract SUN-213, Houston, TX, June 23-26, 2012.
89. Spritzler J, Stein DS, Bilello J, **Poretsky L**, Pakes G, Mildvan D. Tumor necrosis factor- α soluble receptor type II level is an independent predictor of HIV disease progression after 8 weeks in a clinical endpoint trial (ACTG 320) in advanced HIV infection. XIX International AIDS Conference, Abstract A-452-0015-03979, Washington, DC, July 22-27, 2012.
90. Kim SY, Sy V, Babushkin N, Tan D, Liao EP, Liu G, Wan S, **Poretsky L**, Seto-Young D. Unlike in Caucasians, FGF-21 and RBP4 do not differ in Chinese-American women with or without gestational diabetes. 95th Annual Meeting of the Endocrine Society, Abstract SAT-809, San Francisco, CA, June 15-18, 2013.
91. Hirth Y, Babushkin N, Sy V, Seth AK, Pareek AS, Lin YK, **Poretsky L**, Seto-Young D. Thiazolidinedione effects on the mineral content and the components of the Wnt signaling pathway in the human osteoblasts. 95th Annual Meeting of the Endocrine Society, Abstract SUN-214, San Francisco, CA, June 15-18, 2013.
92. Striker GE, Yubero-Serrano EM, Swamy S, Elliot SJ, Cai W, Chen X, McKee E, Kalaj A, Kruckelman F, Tirri L, Mantha K, Rayfield EJ, Uribarri J, Harbord N, Tamler R, Parikh G, Busta A, **Poretsky L**, Woodward M, Vlassara H. Reversal of suppressed estrogen receptor α and anti-oxidant levels: Possible benefits for cardiovascular disease (CVD) in diabetic kidney disease (DKD). 95th Annual Meeting of the Endocrine Society, Abstract 80-LB, San Francisco, CA, June 15-18, 2013.

93. Busta A, **Poretsky L**, Yubero-Serrano E, Woodward M, Vlassara H, Striker GE. The effect of Sevelamer on oxidant stress and albuminuria in patients with type 2 diabetes and kidney disease: A randomized, controlled study. 7th Annual Friedman Fellows Symposium at the 74th Scientific Sessions of the American Diabetes Association, San Francisco, CA, June 13-17, 2014.
94. Ong EC, Patel R, **Poretsky L**. An atypical presentation of pituitary sarcoidosis: A case report. 16th International Congress of Endocrinology and The Endocrine Society 96th Annual Meeting, Abstract SAT-0707, Chicago, IL, June 21-24, 2014.
95. Striker GE, Yubero-Serrano E, **Poretsky L**, Vlassara H. Control of oral advanced glycation endproducts (AGEs) by sevelamer carbonate improves glucose metabolism and albuminuria in Stage 2-4 diabetic kidney disease (DKD). 16th International Congress of Endocrinology and The Endocrine Society 96th Annual Meeting, Abstract SAT-0988, Chicago, IL, June 21-24, 2014.
96. Islam JR, Seto-Young DLT, Lesser M, Rosenwaks Z, **Poretsky L**. Does irisin have an effect on female reproductive function? Initial in-vitro studies. 16th International Congress of Endocrinology and The Endocrine Society 96th Annual Meeting, Abstract MON-0053, Chicago, IL, June 21-24, 2014.
97. Kambo V, Wakim W, **Poretsky L**. Readmission rates for patients with secondary diagnosis of diabetes are increased regardless of primary diagnosis. Endocrine Society 97th Annual Meeting, Abstract THR-184, San Diego, CA, March 5-8, 2015.
98. Kambo, V., Lutsky, L., **Poretsky L**. Extremely short (1day) length of stay (LOS) in patients with diabetes (DM) is associated with high readmission rates (RR). 75th Annual Meeting of the American Diabetes Association, Abstract 1370-P, Boston, MA, June 5-9, 2015.
99. Avtanski DB, Hirth Y, Babushkin N, Sy V, Sharma D, **Poretsky L**, Seto-Young DL. In Vitro effects of pioglitazone on the expression of Wnt signaling pathway components and markers of bone mineralization. Endocrine Society 98th Annual Meeting, Abstract, Boston, MA, April 1-4, 2016.
100. Avtanski D, Kuppusamy P, Sonmez H, Shnyder V, Wolfe A, Pavlov VA, Tracey KJ, **Poretsky L**. Plasma levels of resistin correlate with adenylyl cyclase-associated protein 1 (CAP1) in diet-induced obesity mouse model. Endocrine Society 99th Annual Meeting, Abstract # SAT-573, Orlando, FL, April 1-4, 2017.
101. Sonmez H, Kambo V, Lutsky L, **Poretsky L**. The readmission rates in patients with and without diabetes mellitus at an urban teaching hospital. 77th Annual Meeting of the American Diabetes Association, Abstract 1352-P, San Diego, CA, June 9-13, 2017.
102. Avtanski D, Garcia A, Caraballo B, Thangeswaran P, Bianco J, Lavi A, Marin S, Ronca C, **Poretsky L**. Resistin increases breast cancer cell motility and induces cellular mesenchymal reprogramming. Endocrine Society 100th Annual Meeting, Abstract #SAT-329, Chicago, IL, March 17-20, 2018.
103. Avtanski D, Garcia A, Thangeswaran P, Caraballo B, Lavi A, Bianco J, Marin S, Ronca C, **Poretsky L**. Resistin inhibits insulin signaling in adenylyl cyclase-associated protein 1 (CAP1)-dependent manner. Endocrine Society 100th Annual Meeting, Abstract #SUN-141, Chicago, IL, March 17-20, 2018.

104. Avtanski D, Garcia A, Thangeswaran P, Caraballo-Bordon B, **Poretsky L**. Role of adenylyl cyclase-associated protein 1 (CAP1) in mediating resistin actions in mouse liver cells. 78th Annual Meeting of the American Diabetes Association, Abstract 1754-P, Orlando, FL, June 22-26, 2018.
105. Chen K, Weber D, Satlof L, Lavi A, Bahl K, Kaiser M, **Poretsky L**, Avtanski D. Resistin induces epithelial to mesenchymal transition (EMT) in breast cancer cells through activation of AXL tyrosine kinase receptor. Endocrine Society 101th Annual Meeting, Abstract #5553, New Orleans, LA, March 22-26, 2019.
106. Avtanski D, Lavi A, Bahl K, Kaiser M, Weber D, Satlof L, Chen K, **Poretsky L**. Proinflammatory cytokines modulate resistin expression in breast cancer cells. Endocrine Society 101th Annual Meeting, Abstract #5562, New Orleans, LA, March 22-26, 2019.
107. Sajan A, Paliou M, Colon D, Ziskovich K, **Poretsky L**. Improving transgender care through comprehensive wellness program in the Endocrine Division: Early experience. Endocrine Society 101th Annual Meeting, Abstract #5781, New Orleans, LA, March 22-26, 2019.
108. Basman C, Avtanski D, Ziskovich K, Jonas R, Fishman S, Sonmez H, Rashid U, Kodra A, Stoffels G, Lesser M, Singh V, **Poretsky L**. Serum levels of the advanced glycation end product (AGE) pentosidine do not correlate with the extent of coronary artery disease assessed by SYNTAX score. 79th Annual Meeting of the American Diabetes Association, Abstract 2215-PUB, San Francisco, CA, June 7-11, 2019.
109. Chen K, Satlof L, Kothapalli U, Ziluck N, Lema M, **Poretsky L**, Avtanski D. Role of hypoxia in modulating cytokine secretion in breast cancer cells. NY Academy of Science Poster Webinar, "Cancer Metabolism and Signaling 2020," April 17, 2020.
110. Chen K, Satlof L, Kothapalli U, Ziluck N, Lema M, **Poretsky L**, Avtanski D. Optimization of experimental conditions for mimicking hypoxia in cultured breast cancer cells by using cobalt(II) chloride (CoCl₂). The Endocrine Society's 102nd Annual Meeting & Expo (ENDO Online 2020), Abstract #6094, June 8-22, 2020. <https://doi.org/10.1210/jendso/bvaa046.1318>.
111. Avtanski D, Chen K, Satlof L, Stoffels G, Kothapalli U, Ziluck N, Lema M, **Poretsky L**. Hypoxia effect on cytokine production by breast cancer cells. The Endocrine Society's 102nd Annual Meeting & Expo (ENDO Online 2020), Abstract #6104, June 8-22, 2020.. Journal of the Endocrine Society <https://doi.org/10.1210/jendso/bvaa046.1328>
112. Bhalodkar A, Sonmez H, Lesser M, Leung TM, Krymskaya M, Murray Bachmann R, Inlall D, Ziskovich K, **Poretsky L**. Randomized controlled prospective study of the effects of structured outpatient diabetes program on the hospital readmission rates in patients with diabetes. 80th Scientific Sessions of the American Diabetes Association, Abstract 612-P, ePoster, June 12-16, 2020. <https://professional.diabetes.org>
113. Avtanski D, Benias P, Vegesna AK, Leung TM, Ziskovich K, Inlall, D, **Poretsky L**, Miller L. A retrospective study of weight and metabolic changes in patients with obesity (BMI 30 kg.m²) after endoscopic sleeve gastrectomy (ESG) or laparoscopic sleeve gastrectomy (LSG). 80th Scientific Sessions of the American Diabetes Association, Abstract 2027-P, ePoster, June 12-16, 2020. <https://professional.diabetes.org>

114. Avtanski DB, Ziskovich K, Singer T, Yeshua A, Cantor T, **Poretsky L**. The effects of leptin and irisin on steroidogenic enzyme gene expression in human ovarian granulosa cells - Initial studies. The Endocrine Society's 103rd Annual Meeting & Expo (ENDO Online 2021), Abstract #7284, March 20-23, 2021.
115. Swe NC, Ahmed S, Ziskovich K, Cusano NE, Liu M, **Poretsky L**, Gianos E. Cardiometabolic profiles of transgender individuals taking gender-affirming hormone therapy in the Transgender Health Aging Study and Registry. American College of Cardiology Annual Meeting, Abstract 21-A-181050-ACC, Atlanta, GA, May 15-17 2021.
116. Ahmed S, Swe NC, Frenkel M, Ziskovich K, Leung T, Gianos E, Liu M, Skolnick AH, **Poretsky L**, Cusano NE. Cardiometabolic risk factors in transgender individuals taking gender-affirming hormone therapy through four years. American Association of Clinical Endocrinology Annual Meeting 2021, Abstract 1041569, May 26-29, 2021.
117. Murray-Bachmann R, Leung T, Myers AK, Murthi S, Sarbanes M, Ziskovich K, Lesser M, **Poretsky L**. Reliability of the Freestyle Libre continuous monitoring system in the inpatient setting: Implications for the COVID-19 surge. 81st Scientific Sessions of the American Diabetes Association, Abstract 631-P ePoster, June 25-29, 2021.
118. Avtanski D, Stojchevski R, **Poretsky L**. Characterization of the cytokine secretion profile of breast cancer cells. 7th Edition Breast Cancer Webinar, July 14-15, 2021; <https://cancer.endeavorresearchgroup.com/index.php>
119. **Poretsky L**, Avtanski D. Monocarbonyl curcumin analogues C66 and B2BrBC improve redox status in streptozotocin-induced diabetes. Levine-Riggs Symposium 2022, Pasadena, California, February 28-March 2, 2022.
120. Palandira, Falvey A, Zeng Q, Avtanski DB, Stojchevski R, **Poretsky L**, Tracey KJ, Pavlov VA. Optogenetic stimulation of cholinergic neuronal endings in the celiac-superior mesenteric ganglion complex suppresses inflammation in murine endotoxemia. Experimental Biology 2022, Abstract #R4472, Philadelphia, Pennsylvania. April 2-5, 2022.
121. Cusano NE, Gianos E, Eid M, Frenkel M, Stojchevski R, Avtanski D, **Poretsky L**. Energy metabolism hormones and lipid profiles in transgender individuals: Cross-sectional pilot study. 90th European Atherosclerosis Society (EAS) Congress, Abstract 376, Milan, Italy, May 22-25, 2022.
122. Stojchevski R, Angelovski M, Velichkovik S, Hadzi-Petrushev N, Mladenov M, Bogdanov J, **Poretsky L**, Avtanski A. Effect of monocarbonyl curcumin analogues C66 and B2BrBC on pancreatic expression of genes related to insulin signaling pathway and oxidative stress in streptozotocin-induced diabetes. 82nd Scientific Sessions of the American Diabetes Association, Abstract 557-P, New Orleans, LA. June 3-7, 2022.
123. Avtanski D, Stojchevski R, Ziskovich K, Singer T, **Poretsky L**. Energy metabolism hormones irisin and leptin affect steroidogenesis in human granulosa cells: in vitro studies. The Endocrine Society Meeting 104th Annual Meeting, Abstract, Atlanta, GA. June 11-14, 2022.
124. Stojchevski R, **Poretsky L**, Avtanski D. Effects of two experimental monocarbonyl analogs of curcumin on breast cancer growth, migration, and epithelial-to-mesenchymal transition. The 2023 Academic

Competition and Research Symposium, Zucker School of Medicine, Hofstra University, May 30, 2023, New York, New York.

125. Ahmed S, Medina Mora L, Sanchez Ruiz A, **Poretsky L**. Hyperglycemic DKA in patient on monotherapy with SGLT-2 inhibitor. The Endocrine Society Meeting 105th Annual Meeting, Abstract #7882 in Chicago, IL. June 15-18, 2023.
126. Zweifler R, Sanchez J, Kuriloff D, Liao EP, **Poretsky L**. Thyroid Neoplasia in Hispanic Americans: A Three-Part Study Design. The Endocrine Society Meeting 105th Annual Meeting and Expo, Abstract #6579, Chicago, IL, June 15-18, 2023.
127. Stojchevski R, Hadzi-Petrushev N, Mladenov M, Bogdanov J, **Poretsky L**, Avtanski D. Effects of two experimental monocarbonyl analogs of curcumin (MACs) on breast cancer growth, migration, and epithelial-to-mesenchymal transition (EMT). The Endocrine Society's 105th Annual Meeting and Expo, Abstract #6823, Chicago, IL, June 15-18, 2023.
128. Stojchevski R, Angelovski M, Velichkovikj S, Hadzi-Petrushev N, Mladenov M, Bogdanov J, **Poretsky L**, Avtanski D. Monocarbonyl curcumin analogs C66 and B2BrBC improve redox status in streptozotocin-induced diabetic rats. American Diabetes Association 83rd Scientific Sessions, Abstract # 557-P, San Diego, California, June 23-26, 2023.
129. Thermidor S, Gianos E, Eid M, Swe NC, Shaarbay R, Sanchez Ruiz A, Ahmed S, **Poretsky L**, Cusano N, Ziskovich K, Leung TM, Ong C. Effects of Gender-Affirming Therapy on Cardiovascular Health Metrics in Transgender Patients. 73rd Annual Scientific Session of the American College of Cardiology, Abstract # 18379, Atlanta, GA, April 6-8, 2024.
130. Thermidor S, Gianos E, Eid M, Swe NC, Shaarbay R, Sanchez Ruiz A, Ahmed S, **Poretsky L**, Cusano N, Ziskovich K, Leung TM, Ong C. Cardiovascular Risk in Transgender Patients. 73rd Annual Scientific Session of the American College of Cardiology, Abstract #15093, Atlanta, GA, April 6-8, 2024.
131. Zinn J, **Poretsky L**. Skeletal Muscle Mass Loss with Use of Dual GLP-1 GIP Receptor Agonist Tirzepatide. The Endocrine Society's 106th Annual Meeting , Abstract #7215, Boston, MA, June 1-4, 2024.
132. Stojchevski R, Lavi A, Bogdanov J, Hadzi-Petrushev N, Mladenov M, **Poretsky L**, Avtanski DB. Impact of the Monocarbonyl Analogs of Curcumin, C66 and B2BrBC, on the Protein Expression of Epithelial and Mesenchymal Markers in MCF-7 Breast Cancer Cells. The Endocrine Society's 106th Annual Meeting , Abstract #6603, Boston, MA, June 1-4, 2024.
133. Stojchevski R, Bogdanov J, Hadzi-Petrushev N, Mladenov M, **Poretsky L**, Avtanski D. Monocarbonyl Analogs of Curcumin C66 and B2BrBC Modulate Diabetes-Related Gene Expression in Rat Pancreatic Cells. American Diabetes Association 84th Scientific Sessions, Abstract #1772-P, Orlando, FL. June 21-24, 2024.

134. Fried H, Avtanski D, Stojchevski R; Ziskovich K, Chan Swe N, Thermidor S, Eid M, Ahmed S, Shaarbay R, Leung TM, Gianos E, Ong C, Sanchez Ruiz A, **Poretsky L**, Cusano N. A Prospective Study of Bone Density Parameters and Plasma Procollagen Type 1N-terminal Propeptide (PINP) Levels in Gender-Diverse Persons. WPATH 28th Scientific Symposium, Poster #EP109, Lisbon, Portugal, September 25-30, 2024.
135. Ong C, Thermidor S, Chan Swe N, Eid M, Ahmed S, Avtanski D, Stojchevski R, Leung TM, Ziskovich K, Shaarbay R, Sanchez Ruiz A, Gianos E, **Poretsky L**, Cusano N. Cardiometabolic Metrics in Transgender Patients Receiving Gender Affirming Hormone Therapy. WPATH 28th Scientific Symposium, Poster #EP201, Lisbon, Portugal, September 25-30, 2024.
136. Lee J, D'Souza R, Sanchez Escobar JG, Liao EP, Kuriloff D, Leung TM, Ziskovich K, Sanchez Ruiz A, **Poretsky L**. Characteristics of Thyroid Nodules in 153 LatinX Patients. American Thyroid Association 2024 Annual Meeting, Abstract #631, Chicago, IL, October 30-November 3, 2024.
137. Stojchevski R., Sutanto E, Dragarska K, Todorovska I, Hadzi-Petrushev N, Bogdanov J, Mladenov M, Poretsky L, Avtanski D. Drug-like ADME Profiles and Antimetastatic Properties of Monocarbonyl Curcumin Analogs C66 and B2BrBC with Improved Stability. The Endocrine Society 107th Annual Meeting, San Francisco, CA, July 12-15, 2025. Submitted.
138. Dsouza R, Lee J, Liao EP, Sanchez Ruiz A, Ziskovich K, Leung T, Kuriloff D, Poretsky L, Sanchez JG. A Registry of Thyroid Nodules in 212 Hispanic Americans from an urban area. The Endocrine Society 107th Annual Meeting, San Francisco, CA, July 12-15, 2025. Submitted.
139. Berruti A, Gianos E, Ong C, Avtanski D, Stojchevski R, Ziskovich K, Swe NC, Thermidor S, Eid M, Ahmed S, Shaarbay R, Leung TM, Sanchez Ruiz A, Poretsky L, Cusano N. Behavioral Risk Factors and Biomarkers of Cardiovascular Health in Transgender and Nonbinary Individuals. National Lipid Association Scientific Sessions, Miami, FL, May 29 to June 1, 2025. Submitted.

U.S. PATENTS:

1. **Poretsky L**. U.S. Patent #4, 861,073 Newspaper holder, 1989.
2. **Poretsky L**, Seto-Young D. Use of thiazolidinediones for partial inhibition of androgen binding to aromatase. U.S. Patent Application No. 12/463,522. Patent pending, 2009.

OTHER:

1. Silver R, **Poretsky L**, Flier JS. Treatment of necrobiosis lipidica diabetorum. J Amer Med Assoc 254:3, 422-423, 1985 (Letter).
2. Acknowledgment: Experimental work published in Grigorescu F, Flier JS, Kahn CR. Defect in insulin receptor phosphorylation in erythrocytes and fibroblasts associated with severe insulin resistance. J. Biol Chem 259:15003-15006, 1984.

3. Novic D, **Poretsky L**, Kalin M. Thyroid-function tests in patients treated with methadone. *Clinical Chemistry* 35:1807-1808, 1989 (Letter).
4. **Poretsky L**. Specificity-spillover phenomenon in the human ovary. *N Engl J Med*, 321:7, p. 474, 1989 (Letter).
5. Acknowledgment: Helpful comments published in Singer F, Talavera W, Zumoff B. Elevated levels of angiotensin-converting enzyme in pneumocystis carinii pneumonia. *Chest* 95; 803-806, 1989.
6. **Poretsky L**. Medicaid proposal. *The New York Times*, July 20, 1990; p A26 (Letter).
7. **Poretsky L**. Ovarian Insulin-like Growth Factors. *Ann Intern Med*. 117-:535, 1992 (Letter).
8. **Poretsky L**. Choices for Patients (letter), *The New York Times*, November 30, 1993.
9. **Poretsky L**. Diagnostic Scale (letter). *The New York Times*, June 18, 1994
10. Rodriguez G. **Poretsky L**. Toradol Instead of Tapazole (letter). *American Journal of Health System Pharmacy*, Vol 52:1098, 1995.
11. Stolarczyk R, Laufer I, **Poretsky L**. Reply to Eriksson. *Diab Care* 20:1045, 1997 (letter).
12. **Poretsky L**. Purchase (short story). *Novoye Russkoe Slovo* (New Russian Word, Russian Daily Newspaper): p62, November, 7, 1997.
13. **Poretsky L**. "Chanukah in New York" *Metropolitan Diary*, *The New York Times*, January 26, 1998.
14. **Poretsky L**. Interviewed for "Popular drug for diabetes is scrutinized" by David Morrow, *The New York Times*, March 26, 1999.
15. **Poretsky L**. Chichikov's List (letter) *The New York Times*, April 9, 1999.
16. **Poretsky L**. "Great blue heron" (a poem). *Outdoor Magazine*, Fall 2000, p. 13.
17. **Poretsky L**. "The bear stanza" (a poem). *The River Reporter*, Jan 4th-10th issue, 2001.
18. **Poretsky L**. "Running deer" (a poem). *The River Reporter*, May 24, 2001.
19. **Poretsky L**. Interviewed for "Bristol-Meyers fights to lock in patients" by Gardiner Harris, *Wall Street Journal*, May 21, 2001.
20. **Poretsky L**. "Business is business", *Metropolitan Diary*, *The New York Times*, October 8, 2001.
21. **Poretsky L**. "Hare in the park" (a poem). *Outdoors Magazine*, p.75, October, 2001.
22. **Poretsky L**. Interviewed for "Abbot pushes its Synthroid, but should it?" by Gardiner Harris, *Wall Street Journal*, July 17, 2002.
23. **Poretsky L**. "An outdoor adventure" (a poem). *River Reporter*, August 15-21, 2002.

24. **Poretsky L.** "To fall in love" (a poem). River Reporter, February 13-19, 2003.
25. **Poretsky L.** Interviewed for "In the treatment of diabetes success often does not pay". The New York Times, January 11, 2006.
26. **Poretsky L.** Interviewed for "\$6 million gift resurrects a boot camp for diabetics". The New York Times, April 2, 2006.
27. **Poretsky L.** Interviewed for "What your doctor isn't saying". Men's Health, p. 177, November 2006.
28. **Poretsky L.** "Bonus", Metropolitan Diary, The New York Times, December 25, 2006.
29. **Poretsky L.** "Mother's hand" (a poem). Jewish Currents, May-June 2007.
30. **Poretsky L.** Interviewed for "Victories over diabetes". Daily News, October 28, 2007.
31. **Poretsky L.** Interviewed for "Beth Israel Medical Center Inaugurates The Gerald J. Friedman Diabetes Institute." Medical Update 8:4, December 2007.
32. **Poretsky L.** "Ice Cream and Tolstoy," Metropolitan Diary, The New York Times, December 3, 2007.
33. **Poretsky L.** Interviewed for "Bedeviled by the sugar sickness," The New York Times, March 2, 2008.
34. **Poretsky L.** Interviewed for "Regulators scuttle drug for diabetes," The Wall Street Journal, September 24, 2010.
35. **Poretsky L.** "Choices we make," Metropolitan Diary, The New York Times, June 27, 2011.
36. **Poretsky L.** Re: "Better use of medical records is good as far as it goes," Letter to the Editor, The Wall Street Journal, September 26, 2011.
37. **Poretsky L.** Re: "At what age would it be appropriate to perform genetic testing for diabetes?" Point/Counter, Endocrine Today, p. 11, September 2011.
38. **Poretsky L.** Gallery exhibit: "Be mine...always", an exhibition of love poems and photos. Poem: "Your Lips" by Leonid Poretsky and an art object by Leonid Poretsky and Lee Clayton. Alliance Gallery, Narrowsburg, New York, January 28-February 18, 2012.
39. **Poretsky L.** Re: "Meet the marriage killer," Letter to the Editor, The Wall Street Journal, February 8, 2012.
40. **Poretsky L.** The AGE-Less Way (online book review), Amazon.com, July 23, 2012.
41. **Poretsky L.** The Jewish plot: A story. On line: <http://jewishcurrents.org/the-jewish-plot-a-story-16445>, April 15, 2013. In print: "Jewish Currents", pp 40-42, Summer 2013.

42. **Poretsky L.** Re: “Physician, hear thyself—Why communication matters,” Letters to the Editor, The Wall Street Journal, April 20-21, 2013.
43. **Poretsky L.** Re: “Readmissions often aren’t culpable acts.” Letters to the Editor, The Wall Street Journal, May 20, 2013.
44. **Poretsky L.** Re: “Traditional Medicare should be allowed to compete.” Education Update, Vol. XXII, No. 3, pp 14, January/February 2017.
45. **Poretsky L.** Conceptual Art Event: “Thank you for coming.” Dacia Gallery, New York, May 20, 2017.
46. **Poretsky L.** LHH Auxiliary Photo Contest: “Good Morning New York.” Honorable mention, November 12, 2019, New York.
47. **Poretsky L.** It’s Not Just the Virus. Online: https://medium.com/@lrpnyny/its-not-just-the-virus-8ac14872150d?source=friends_link&sk=05db5ea59b10f42d9ba56aca6f2e522e. Medium, May 27, 2020.
48. **Poretsky L.** “LGBTQ Inclusiveness”, USA Today, <https://www.usatoday.com/story/life/health-wellness/2021/10/01/lgbtq-inclusive-healthcare-still-not-mainstream-heres-why/5904801001/>, September 30, 2021.
49. Shadianloo S, **Poretsky L.** Re: “The Rise in Young People Identifying as L.G.B.T.Q.” Letter to the The New York Times, May 1, 2022.
50. **Poretsky L.** “The Cass Report: Biased or Balanced?” Letter to the Editor, The New York Times, September 1, 2024.
51. Poretsky L. “Progressive or not?” Online: [https://urldefense.com/v3/_https://medium.com/@lrpnyny/progressive-or-not526b1d48fb02_!!BWcEIQ!OVkYRscrRFRrEie9KGJaC1Y_o6c_oGygyHgvSdJI-1_QanimVhB9fmb6Gs1SqZ5C- OD8gpMyMhO25GLsTrB_aw\\$](https://urldefense.com/v3/_https://medium.com/@lrpnyny/progressive-or-not526b1d48fb02_!!BWcEIQ!OVkYRscrRFRrEie9KGJaC1Y_o6c_oGygyHgvSdJI-1_QanimVhB9fmb6Gs1SqZ5C- OD8gpMyMhO25GLsTrB_aw$)
52. Poretsky L. “Transgender Rights are Human Rights” Letter to the Editor, The New York Times, March 3, 2025.

VOLUNTEERING:

January 17-24, 2015 Volunteer Physician for the United States Bobsled and Skeleton Federation Europe Cup Skeleton Team: Saint Moritz, Switzerland and Innsbruck, Austria

LEONID PORETSKY, M.D.

SELECTED TRAINEES - (Starting in 1999)

Prior to 1999 also mentored fellows at Beth Israel Medical Center, NY (1985-1990), Cabrini Medical Center, NY (1991-1995) and New York Hospital/Cornell Medical Center, NY (1995-1999).

| Name | Type of Fellowship | Dates of Training | Mentoring for the Following Activities | Trainee's Status Immediately After Completion of Training |
|-------------------------|--|--------------------------|---|--|
| Marsha Tolentino, MD | Endocrine Fellow | 07/01/99 – 06/30/01 | Clinical and Research | Private Practice, Cebu, Philippines |
| Anil Shrestha, MD | Endocrine Fellow | 07/01/99 – 06/30/01 | Clinical and Research | Endocrinologist, Baptist Medical Center, FL |
| Susan Zweig, MD | Endocrine Fellow | 07/01/00 – 06/30/02 | Clinical and Research | Endocrinologist, New York University |
| Jacek Zajac, MD | Endocrine Fellow | 07/01/00 – 06/30/02 | Clinical and Research | Endocrinologist Elmhurst Hospital, IL |
| Andrea Ferenczi, MD | Endocrine Fellow | 07/01/01-06/30/03 | Clinical and Research | Endocrinologist, Banner Boswell Medical Center, AZ |
| Marzieh Salehi, MD | Endocrine Fellow | 07/01/01-06/30/03 | Clinical and Research | Endocrinologist, Cedars Sinai Medical Center, TX |
| Aida Saliby, MD | ECRIP Fellow*/ Endocrinologist | 07/01/02-06/30/04 | Clinical and Research | Chief, Endocrine NYPH Downtown, NY |
| Rafael Bravo-Vera, MD | Endocrine Fellow | 07/01/02-06/30/04 | Clinical and Research | Endocrinologist Novartis, Mexico City |
| Arsalan Sheikh, DO | Endocrine Fellow | 07/01/02-06/30/04 | Clinical and Research | Endocrinologist, University of Maryland Medical Center |
| Maria Paliou, MD | Endocrine Fellow | 07/01/03-06/30/05 | Clinical and Research | Chief, Endocrine, Harlem Hospital, NY |
| Jonathan Schlosser, DO | Endocrine Fellow | 07/01/03-06/30/05 | Clinical and Research | Endocrinologist, Nyack Hospital |
| Julia Kaplun, MD | Endocrine Fellow | 07/01/04-06/30/06 | Clinical and Research | Endocrinologist, Nyack Hospital |
| Lisen Liu, MD | Endocrine Fellow | 07/01/04-06/30/06 | Clinical and Research | Private Practice, New York City |
| Parini Patel, MD | ECRIP Fellow/ Endocrine Fellow | 07/01/04-06/30/08 | Clinical and Research | Endocrinologist, Hackensack Meridian, NJ |
| Dimitar Avtanski, Ph.D. | Fellow-Thanks to Scandinavia | 2004-2008 | Clinical and Research | Director, Friedman Endocrine Laboratory LHH |
| Marina Strizhevsky, DO | ECRIP Fellow/ Endocrine Fellow | 07/01/05-06/30/09 | Clinical and Research | Endocrinologist Jersey City Medical Center |
| Dima Yeshou, MD | IM Resident | 2005 | Clinical and Research | Endocrinologist, Hackensack University, NJ |
| Ramon E. Martinez, MD | Endocrine Fellow | 07/01/05-06/30/07 | Clinical and Research | Endocrinologist, Mount Sinai Medical Center, FL |
| Liqun Song, MD | Endocrine Fellow | 07/01/05-06/30/07 | Clinical and Research | Endocrinologist, Griffin Hospital, CT |
| Yuriy Gurevich, DO | Endocrine Fellow | 07/01/06-06/30/08 | Clinical and Research | Endocrinologist, Nyack Hospital |
| Michael Goldman, MD | ECRIP Fellow | 2007 | Clinical and Research | Nephrologist – Jamaica Hospital, Queens, NY |

* ECRIP Fellow –Empire Clinical Research Investigator Program –New York State Department of Health.

LEONID PORETSKY, M.D.

| Name | Type of Fellowship | Dates of Training | Mentoring for the Following Activities | Trainee's Status Immediately After Completion of Training |
|---------------------------|--|--------------------------|---|--|
| Zinovy Abelev, MD | Endocrine Fellow | 07/01/07 – 06/30/09 | Clinical and Research | Endocrinologist, Northwell Health |
| Stefan Cadag, DO | Endocrine Fellow | 07/01/08-06/30/10 | Clinical and Research | Endocrinologist, Mount Sinai Beth Israel |
| Sagit Zolotov, MD | Endocrine Fellow Research Track | 07/01/05 06/30/10 | Clinical and Research | Private Practice, Israel |
| Grishma Parikh, MD | ECRIP Fellow Friedman Fellow Endocrine Fellow | 07/01/07 – 06/30/10 | Clinical and Research | Endocrinologist, Assistant Professor, Icahn School of Medicine |
| Bianca Alfonso, MD | ECRIP Fellow Endocrine Fellow | 01/01/07-06/30/11 | Clinical and Research | Endocrinologist, South Miami Hospital |
| Takako Araki, MD | Friedman Fellow Endocrine Fellow | 07/01/08-06/30/11 | Clinical and Research | Endocrinologist, University of Minnesota |
| Yun Feng, MD | Endocrine Fellow | 07/01/10 -06/30/12 | Clinical and Research | Endocrinologist, Mount Sinai Beth Israel |
| Amit Seth, MD | ECRIP Fellow/ Endocrine Fellow | 07/01/09 -06/30/12 | Clinical and Research | Endocrinologist, Newark Beth Israel Medical Center |
| Gordon Burke, MD | Medical Student | 2009 | Clinical and Research | Internist, Boston University Family Group |
| Prajesh M. Joshi, MD | IM Resident | 2009 | Clinical and Research | Endocrinologist, Mercy Hospital, Arkansas |
| Miroslava Varadinova, PhD | Research Fellow | 2009 and 2017 | Clinical and Research | Sofia, Bulgaria |
| David Gajzer, MD | Friedman Fellow Research Fellow | 2010 | Clinical and Research | Fellow – Anesthesiology, Miami, FL |
| Sumei Kato, MD | IM Resident | 2010 | Clinical and Research | Oncologist UC San Diego |
| Pauline Suwandhi, MD | Friedman Fellow | 2010 | Clinical and Research | Geriatrics, Montefiore Hospital |
| Dina Rapoport, MD | IM Resident | 2011 | Clinical and Research | Endocrinologist, NYU Hospital |
| So-Young Kim, MD | IM Resident | 2011 | Clinical and Research | Endocrinologist, Weill Cornell Medicine |
| Natalia Branis, MD | IM Resident | 2011 | Clinical and Research | Endocrinologist Mount Sinai Beth Israel |
| Nicole Babushkin | Research Assistant | 2012 | Clinical and Research | Internist, Ocean Medical Center, NJ |
| Vanessa Sy-Po, MD | Volunteer | 2012 | Clinical and Research | FMLA – Birth of Child |
| Julie Islam, MBBS | Research Fellow/ Friedman Fellow | 07/01/12 – 06/30/14 | Clinical and Research | Endocrine Fellow, Scripps, La Jolla, CA |
| Carla Romero, MD | Endocrine Fellow | 07/01/11 - 06/30/13 | Clinical and Research | Endocrinologist, North Shore LIJ-Northwell |
| Ronak Patel, MD | Endocrine Fellow | 07/01/12-06/30/14 | Clinical and Research | Endocrinologist, Morristown Medical Center, NJ |

LEONID PORETSKY, M.D.

| Name | Type of Fellowship | Dates of Training | Mentoring for the Following Activities | Trainee's Status Immediately After Completion of Training |
|------------------------------|---|---|--|--|
| Zi Jian Chen, MD | Endocrine Fellow | 07/01/12-06/30/14 | Clinical and Research | Endocrinologist, Mount Sinai Medical Center |
| Erwyn Ong, MD | Endocrine Fellow | 07/01/13-09/01/14 | Clinical and Research | Endocrinologist, Presbyterian Medical Group, New Mexico |
| Halis Sonmez, MD | Endocrine Fellow/ ECRIP Fellow | 07/01/13-09/01/14; 12/01/15 – 04/04/17 | Clinical and Research | Endocrinologist, NYU Queens Hospital, NY |
| Mahmoud Hassan, MD | Research Fellow | 01/01/14 – 09/01/14 | Clinical and Research | Master's Program, John Hopkins University, Baltimore, Maryland |
| Sarah Fishman, MD | Endocrine Fellow | 07/01/16 – 06/30/18 | Clinical and Research | Attending Endocrinologist Lenox Hill Hospital |
| Anabel Garcia, MD | Feinstein Visiting Scholar | 02/01/17 – 02/28/2018 | Clinical and Research | Friedman Fellow |
| Trisha Newaz, DO | Endocrine Fellow | 09/27/17 – 09/26/2019 | Clinical and Research | Endocrine Fellow Lenox Hill Hospital |
| Arpita Bhalodkar, MD | ECRIP Fellow / Endocrine Fellow | 08/01/17-06/30/18; 07/01/18 to 09/30/2020 | Clinical and Research | Endocrinologist, North Shore LIJ Hospital |
| Mikail Koroma, MD | ECRIP Fellow | 02/01/18 – 07/31/18 | Research | Orthopedic Residency Lenox Hill Hospital |
| Karin Chen, MD | ECRIP Fellow / Junior Attending | 09/04/18 – 09/30/19 | Clinical and Research | Endocrinologist-Maimonides Medical Center |
| Alen Sajan, MD | IM Resident | 11/01/2018 - 06/30/2020 | Clinical and Research | Internal Medicine Specialist Lenox Hill Hospital |
| Swetha Murthi, MD | Endocrine Fellow | 07/01/2019 - 06/30/2021 | Clinical and Research | Endocrinologist Yuma Regional Center |
| Paria Zarghamravanbakhsh, MD | Endocrine Fellow | 07/01/2020 - 06/30/2022 | Clinical and Research | Endocrinologist Northern California |
| Nyein Chan Swe, MD | ECRIP Fellow | 07/01/2020 - 06/30/2021 | Clinical and Research | Cardiology Fellow Northside Hospital |
| Radoslav Stojchevski, BS | Research Assistant | 01/01/2020 - Present | Clinical and Research | Friedman Fellow Lenox Hill Hospital |
| Sadiya Thermidor, MD | ECRIP Fellow | 07/01/2021 - 06/30/2022 | Clinical and Research | Fellow, Cardiology Danbury Hospital |
| Marwen H. Eid, MD | ECRIP Fellow | 07/01/2021 - 06/30/2022 | Clinical and Research | Fellow, Cardiology Staten Island Univ Hosp |
| Rebecca Zweifler, MD | ECRIP Fellow | 07/01/2022 – 06/30/2023 | Research | Fellow, Hematology/Oncology; Morristown Medical Center |
| Samihah Ahmed, MD | ECRIP Fellow Endocrine Fellow | 07/01/2020 - 06/30/2021; 07/2021 to 06/30/2023 | Clinical and Research | Endocrinologist-LIJ-Forest Hill Hospital Northwell Health |

LEONID PORETSKY, M.D.

| Name | Type of Fellowship | Dates of Training | Mentoring for the Following Activities | Trainee's Status Immediately After Completion of Training |
|-------------------------|---------------------------|--------------------------|---|--|
| Luis A. Medina Mora, MD | Endocrine Fellow | 07/01/22- 06/30/24 | Clinical and Research | Endocrinologist – LHH - Division of Endocrinology |
| Sheryl Htoo, MD | Endocrine Fellow | 07/01/23- 06/01/25 | Clinical and Research | |
| Salina Kalik, MD | Endocrine Fellow | 07/01/24- 06/30/26 | Clinical and Research | |